Sing The Blues

拍數: 32

級數: Improver

編舞者: Paige Megan Fitzgerald-Ford

音樂: Singing The Blues - Brushwood

The choreographer was age 10 when this dance was written

LEFT KICK BALL STEP TWICE, ½ TURN RIGHT, ¼ TURN RIGHT

- 1&2 Step left forward, step on ball of left foot, step down on right
- 3&4 Repeat counts 1&2
- 5-6 Step forward on left, pivot ½ turn right, putting weight on right foot
- 7-8 Step forward on left, pivot ¼ turn right, putting weight on right foot

JAZZ BOX, POINT RIGHT & LEFT & RIGHT, POINT RIGHT IN FRONT

- 1-2 Cross left over right, step back on right
- 3-4 Step to side on left, touch right beside left
- 5&6 Point right to right side, step right beside left, touch left to left side
- &7-8 Step left beside right, point right to right side, point right in front of left

POINT TO RIGHT, BACK ON RIGHT, HOOK, STEP, SCUFF, RIGHT SHUFFLE, STEP

- 1-2 Point right to right side, step back on right, behind left
- 3-4 Hook left foot in front of right leg, step left next to right
- 5- Scuff right foot forward
- 6&7 Step right foot forward, step left next to right, step right foot forward
- 8 Step forward on left

1/4 RIGHT, LEFT SHUFFLE, ROCK STEP, 1/2 SHUFFLE TURN RIGHT, TOUCH

- 1 Turn ¼ turn right, stepping right to right side
- 2&3 Step left foot forward, step right beside left, step left foot forward
- 4-5 Rock forward on right foot, replace weight back onto left foot
- 6&7 Turn ¹/₂ turn right stepping forward on right, step left next to right, step forward on right
- 8 Touch left beside right

REPEAT

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Done after walls 3 & 6

- 1-2 Rock forward on left, rock back on right
- 3-4 Rock out to side on left, replace weight on right
- 5-6 Rock back on left, rock forward on to right





牆數: 2