Sing Sing Sing



拍數: 32 牆數: 4 級數: Improver

編舞者: Rafel Corbí (ES)

音樂: Sing Sing Sing (feat. Ania Chow) - G-Swing



4 DIAGONAL STEPS FORWARD WITH ARM MOVEMENTS, PADDLE TURN

1& Turn 1/8 left and step left forward, touch right together

Straight arms pushing arms also to left diagonal

2& Turn ¼ right and step right forward, touch left together

Straight arms pushing arms also to right diagonal

3& Turn ¼ left and step left forward, touch right together

Straight arms pushing arms also to left diagonal
4 Turn 1/8 right and step right forward
Straight arms pushing arms also to right diagonal

Touch left toe forward, turn 1/8 right and step right together

6&7&8& Repeat 5& three more times (6:00)

4 DIAGONAL STEPS BACK WITH ARM MOVEMENTS, PADDLE TURN

9& Turn 1/8 left and step left back, touch right together

Straight arms pushing arms also to left diagonal

10& Turn ¼ right and step right back, touch left together

Straight arms pushing arms also to right diagonal

11& Turn ¼ left and step left back, touch right together

Straight arms pushing arms also to left diagonal

12& Turn ¼ right and step right back, turn 1/8 left and touch left together

Straight arms pushing arms also to right diagonal

Touch left toe to side, turn 1/8 left and step left together

14&15& Repeat 13& two more times

Touch left toe to side, turn 1/8 left and touch left together

TOUCH FORWARD & SIDE, TOUCH FORWARD AND STEP SIDE TWICE

17-18	Touch left toe diagonally forward, touch left toe to side
19-20	Touch left toe diagonally forward, step left to side
21-22	Touch right toe diagonally forward, touch right toe to side
23-24	Touch right toe diagonally forward, step right to side

CHARLESTON STEPS, TOUCH, BACK, 1/4 TURN COASTER STEP

25-26	Touch left toe forward, step left back
27-28	Touch right toe back, step right forward
29-30	Touch left toe forward, step left back

31&32 Step right back, turn ¼ right and step left together, step right forward

REPEAT

In the middle of the music there's a 32 counts break where music falls down. Continue doing the dance as it comes back on the first count again