

Sing It Out

拍數: 32 牆數: 2 級數: Improver
編舞者: Claire Gent (CAN)
音樂: Bone Dry Heart - Gil Grand



OUT-OUT, IN-IN, STEP BACK, HEEL TAPS, WALK FORWARD, KICK, TOE -TOUCH-LOOK LEFT

&1 Right step right, left step left
&2 Right step right, left step center
&3 Step right back, left heel tap forward
&4 Step left back, right heel tap forward
5-6 Step right forward, step left forward
7-8 Right kick forward, right toe touch to left of left foot looking left (ankle cross)

LOOK FORWARD, KICK, COASTER STEP, ¼ TURN LEFT, TOUCH, ROMP

1 Look forward
2 Right kick forward
3&4 Step right back, left step together, step right forward
5-6 Left step ¼ turn left, right touch together
&7 Step right back, left heel touch forward
&8 Left step together, right touch together

HEEL GRINDS, ½ PIVOT LEFT, WALK FORWARD RIGHT LEFT

1 Right heel step forward toes pointed left
& Right toe point right with toe slap down
2 Left stomp together
3&4 Repeat heel grind
5-6 Right touch forward, ½ turn left with left step forward
7-8 Right walk forward, left walk forward

¼ TURN RIGHT, TOUCH, HOLD, STEP FORWARD, TOUCH, HOLD, LOOK RIGHT, LOOK FORWARD CLAP, CLAP, CLAP

&1 Right step forward ¼ turn right, left touch together (right hand straight out front & point) (attitude)
2 Hold
&3 Step left forward, right touch together (hand still out with point) (attitude)
4 Hold
5-6 Look right with attitude, look forward with attitude
7&8 Clap, clap, clap

REPEAT
