

# Sing It Back

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Terry Mchugh (UK)  
音樂: Sing It Back - Moloko



## RIGHT SHUFFLE, LEFT SHUFFLE, ROCK STEP, BACK SHUFFLE

1&2      Shuffle forward, right, left right  
3&4      Shuffle forward, left, right, left  
5-6      Rock forward on right foot, rock back on left  
7&8      Shuffle back, right, left, right

## BACK SHUFFLE, BACK ROCK, SHUFFLE FORWARD TWICE

1&2      Shuffle back, left, right, left  
3-4      Rock back on right foot, rock forward on left  
5&6      Shuffle forward, right, left, right  
7&8      Shuffle forward, left right, left

## ½ MONTEREY TURN RIGHT, TOUCH, HIP SWAYS LEFT, RIGHT, LEFT, HOLD

1-2      Point right toe to right side, turn ½ turn right bringing right foot in place next to left  
3-4      Point left toe to left side, touch left toe next to right foot  
5-8      Step to left side as you sway hips to left, right, left, hold

## FULL TURN LEFT TAPPING RIGHT TOE TO SIDE X 8

1-8      Make a full turn to the left, on the spot, as you tap right toe to the side 8 times

## TAP RIGHT TOE TWICE, STEP TO RIGHT, DRAG LEFT TO RIGHT, TAP LEFT TOE TWICE, ¼ TURN LEFT, STEP RIGHT BESIDE LEFT

1-2      Tap right toe twice next to left foot  
3-4      Take a long stride to right side, drag left foot up to right foot (no weight)  
5-6      Tap left toe twice next to right foot  
7-8      Taking a long stride, make a ¼ turn to left on left foot, step right in place next to left

## CROSS SIDE X 8

1&2&3&4&5&6&7&8 Cross left over right foot, step right foot to right side (repeat 7 more times) rolling hips

## & CROSS SIDE X 8

&      Step left beside right foot  
1&2&3&4&5&6&7&8 Cross right over left foot, step left foot to left side (repeat 7 more times) rolling hips

## & LEFT MAMBO STEP, RIGHT MAMBO STEP, FORWARD MAMBO STEP, BACK MAMBO TOUCH

&      Step right beside left foot  
1&2      Rock left foot to left side, recover onto right foot, step left foot next to right  
3&4      Rock right foot to right side, recover onto left foot, step right next to left  
5&6      Rock forward on left foot, recover onto right foot, step left foot next to right  
7&8      Rock back on right foot, recover onto left foot, touch right toe next to left foot

## REPEAT