

Since 13

拍數: 32 牆數: 4 級數: Improver
編舞者: Phil Marson (UK)
音樂: Shine 13 - Ronan Keating



BACK TOE STRUT, BACK TOE STRUT, BACK ROCK, SHUFFLE

1-2 Step back on left toe, drop heel
3-4 Step back on right toe, drop heel
5-6 Rock back on left, forward onto right
7&8 Step forward left, close right, step forward left

TOE STRUT FORWARD, TOE STRUT FORWARD, ROCK FORWARD, SHUFFLE

9-10 Step right toe forward, drop heel
11-12 Step left toe forward, drop heel
13-14 Rock forward right, back on left
15&16 Step back right, close left, step back right

REVERSE ½ A PIVOT TURN LEFT, SHUFFLE, KICKBALL TOUCH TWICE

17-18 Step left back, turn ½ turn left
19&20 Step forward right, close left, step forward right
21&22 Kick left foot forward, step left beside right, touch right to right side
23&24 Kick right foot forward, step right beside left, touch left to left side

CROSS UNWIND ½ TURN RIGHT, PIVOT ¼ TURN LEFT, HEEL SWITCHES, ROCK FORWARD

25-26 Cross left foot over right, unwind ½ turn right
27-28 Step right foot forward, pivot a ¼ turn left on balls of both feet
&29 Touch left heel forward, step left beside right
&30 Touch right heel forward, step right beside left
&31-32 Rock forward left, back onto right

REPEAT
