

# Sinaran

拍數: 64      牆數: 4      級數: Improver  
編舞者: Overseas Kampung Boy (AUS)  
音樂: Sinaran - Sheila Majid



## WALK FORWARD(RIGHT, LEFT, RIGHT, LEFT)

1-2            Step right forward & hold (slightly cross over left foot)  
3-4            Step left forward & hold (slightly cross over right foot)  
5-6            Step right forward & hold (slightly cross over left foot)  
7-8            Step left forward & hold (slightly cross over right foot)

## ROCK SWAY RIGHT, ROCK SWAY LEFT

9-10           Rock right foot diagonally forward and sway  
11-12          Step right foot beside left and hold  
13-14          Rock left foot diagonally backward and sway  
15-16          Step left foot beside right and hold

## WALK BACKWARD(RIGHT, LEFT, RIGHT, LEFT)

17-18          Step right backward & hold (slightly cross behind left foot)  
19-20          Step left backward & hold (slightly cross behind right foot)  
21-22          Step right backward & hold (slightly cross behind left foot)  
23-24          Step left backward & hold (slightly cross behind right foot)

## ROCK SWAY RIGHT, ROCK SWAY LEFT

25-26          Step right foot diagonally backward and sway  
27-28          Step right foot beside left and hold  
29-30          Step left foot diagonally forward and sway  
31-32          Step left foot beside right and hold

## MAMBO RIGHT, STEP FORWARD, TURN AND CROSS

33-34          Rock right to right, recover onto left  
35-36          Cross right over left and hold  
37-38          Step left forward and making  $\frac{1}{4}$  turn right, step right beside left  
39-40          Cross left over right and hold

## MAMBO RIGHT, STEP FORWARD, TURN AND CROSS

41-42          Rock right to right, recover onto left  
43-44          Cross right over left and hold  
45-46          Step left forward and making  $\frac{1}{4}$  turn right, step right beside left  
47-48          Cross left over right and hold

## RIGHT CHASSE, LEFT CHASSE

49-50          Step right to right, step left beside right  
51-52          Step right to right and hold  
53-54          Step left to left, step right beside left  
55-56          Step left to left and hold

## TURNING MAMBO STEP, LEFT COASTER STEP

57-58          Rock back on right, rock forward onto left  
59-60          Step forward on right, making  $\frac{1}{4}$  turn left and hold  
61-62          Step back on left, step right beside left

63-64 Step forward on left and hold

**REPEAT**

**TAG**

**Dance once before starting the 7th wall while facing 6:00**

1-2 Rock right to right and sway, recover onto left

3-4 Step right beside left and hold

5-6 Rock left to left and sway, recover onto left

7-8 Step left beside right and hold

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