

拍數: 64 編數: 4 級數: Intermediate/Advanced

編舞者: Lou Ecken (USA)

音樂: Sin Wagon - The Chicks



WALK FORWARD RIGHT, LEFT, SAILOR STEP, SAILOR STEP, OUT-IN-OUT

| 1-2 | Step forward righ | t, step forward left |
|------------|-------------------|----------------------|
| · - | | |

Step right behind left, step left in place, replace right next to left
Step left behind right, step right in place, replace left next to right
Jump out on both feet, jump both feet together, jump out on both feet

TOUCH RIGHT BEHIND, ½ PIVOT RIGHT, SAILOR STEP, SAILOR STEP, HEEL BOUNCES

| 1-2 | Touch right toe behind left foot, pivot ½ to the right |
|-----|--|
| | |

Step right behind left, step left in place, replace right next to left 5&6 Step left behind right, step right in place, replace left next to right

7-8 With feet together, lift heels twice

1/4 TURN SHUFFLE LEFT, STEP PIVOT ON RIGHT, STEP BACK LEFT, COASTER STEP, SCUFF, REPLACE

| 1&2 | Turning ¼ to the left, shuffle left-right-left |
|-----|--|
| IUL | running /4 to the left, shund left-right-left |

3-4 Step forward on right pivoting ½ turn to the left, taking weight on left 5&6 Step back on right, step left next to right, step forward on right

7-8 Scuff left and replace weight on left

SHUFFLE RIGHT, SHUFFLE LEFT, SKATE RIGHT, SKATE LEFT, SCUFF, TOUCH

| 1&2 | Shuffle right-left-right to forward angle |
|-----|---|
| 3&4 | Shuffle left-right-left to forward angle |

5-6 Slide right at angle with instep forward, slide left at angle with instep forward

7-8 Scuff right, touch right in place (without taking weight)

KICK AND CROSS & KICK AND CROSS & KICK AND CROSS & CROSS SHUFFLE LEFT

1&2& Kick right forward, cross right over left, step left back slightly, step right next to left 3&4& Kick left forward, cross left over right, step right back slightly, step left next to right 5&6& Kick right forward, cross right over left, step left back slightly, step right next to left

7&8 Cross left over right to shuffle left-right-left to the right forward angle

SWEEP RIGHT CROSS-STEP, SWEEP LEFT CROSS-STEP, SWEEP RIGHT CROSS-STEP, SHUFFLE BACK

| 1-2 | Sweep right around, step across left |
|-----|--------------------------------------|
| 3-4 | Sweep left around, step across right |
| 5-6 | Sweep right around, step across left |

7&8 Shuffle back left-right-left

COASTER STEP, STEP LEFT, 1/2 PIVOT TO RIGHT, SCUFF STEP, DOWN & UP

| 1&2 | Step back on right, replace weight on left, step right beside left |
|-----|--|
| 3-4 | Step forward on left, pivot ½ to right, taking weight on right |

5-6 Scuff left, step left slightly ahead of right 7&8 "Sit" down, stand up (weight on right)

SHUFFLE LEFT, STEP FORWARD RIGHT, ½ PIVOT LEFT, BOX STEP

1&2 Shuffle forward left-right-left

3-4 Step forward right, ½ pivot to the left

5-6 Step right over left, step back on left

7-8 Step right to right (under right shoulder), step left in place

REPEAT

When dancing to "Sin Wagon", the following breaks will help the dance fit the music: BREAK 1 - AFTER THE SECOND SKATES

SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-2 "Sit" down, stand up

"Sit" down, hold 2 counts, stand up on 6(take weight on left)

7-10 Mashed potato back right-left-right-left

11-14 Cross right over left, slow unwind ending with weight on left Begin from the shuffle forward right, shuffle left, skate, skate and continue

BREAK 2 - AFTER THE THIRD SKATES SCUFF RIGHT, REPLACE RIGHT BEHIND LEFT

1-6 "Sit" down, up, down, hold 2, up (take weight on left)

Begin with the back kick-and-crosses and continue with the dance as written

To "sit" - with feet staggered, lower body by bending both knees while keeping chest forward, shoulders and buttocks back.