

# Simply Rock

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Val Myers (UK)  
音樂: Rock This Planet - Billy Ray Cyrus



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## FORWARD HEEL STRUTS TWICE, BACK TOE STRUTS TWICE

1-2      Step right heel forward, drop right toe taking weight  
3-4      Step left heel forward, drop left toe taking weight  
5-6      Step right toe back, drop right heel taking weight  
7-8      Step left toe back, drop left heel taking weight

## RIGHT SCISSOR STEP, HOLD, LEFT SCISSOR STEP TURNING ¼ RIGHT, HOLD

1-4      Step right to right side, step left beside right, cross right over left, hold  
5-8      Step left to left side, step right beside left turning ¼ right, cross left over right, hold

## STEP, SLIDE, STEP, SCUFF TWICE

1-4      Step forward right, slide left beside right, step forward right, scuff left forward  
5-8      Step forward left, slide right beside left, step forward left, scuff right forward

## RIGHT MAMBO FORWARD, HOLD, LEFT MAMBO BACK, HOLD

1-4      Rock forward right, rock left in place, step right beside left, hold  
5-8      Rock back left, rock right in place, step left beside right, hold

**REPEAT**

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