Simply Irresistible



拍數: 32 牆數: 4 級數: Intermediate

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音樂: Simply Irresistible - Robert Palmer



RIGHT KICK-BALL-CHANGE, STOMP, FAN, REPEAT WITH LEFT

1	Kick right foot acro	ss in t	front of	left
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Rock slightly to right side on ball of right, replace weight to left foot

3-4 Stomp right foot across in front of left with right toe turned in, fan right toe out

5-8 Repeat above 4 counts starting with left foot

CROSS ROCK, STEP, SHUFFLE RIGHT, CROSS ROCK, STEP, SHUFFLE 1/4 TURN LEFT

1-2	Rock right foot across in front of left, replace weight back to left foot
3&4	Step right to right side, step together with left, step right to right side
5-6	Rock left foot across in front of right, replace weight back to right foot
7&8	Step left to left side, step together with rm turn 1/4 left, step forward with left

SCUFF, CROSS, BACK, SIDE, FRONT, SHUFFLE RIGHT, ROCK, STEP

1 Scuff forward with right heel

2 Step right foot across in front of left

3&4 Step back with left, step right to right side, step left foot across in front of right

Step right to right side, step together with left, step right to right side
Rock back with ball of left foot, replace weight forward to right foot

To simplify, you can replace those last 4 counts with step left to side, step right together, step left to side, step right together.

SYNCOPATED CHASSE' LEFT, ROCK LEFT, RECOVER, SAILOR SHUFFLE

1-2 Step left to left side, hold

&3-4 Step right beside left, step left to left side, hold &5 Step right beside left, rock to left side with left foot

6 Replace weight to right foot

7&8 Step left foot crossed behind right, rock ball of right to right side, step left foot cenetered

under body

As an easier variation, counts 1-4 above can be done:

Step left to left side, step together with right, step left to left side, step together with right.

Then continue with counts 5-8 as normal.

REPEAT