

Simplicity (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Sheila Vee (UK) & Steve Fleetwood
音樂: Stay If You Wanna - Keith Urban



Position: Start by facing partner, man's right hand holding lady's left

BOTH

1&2 Turning into line of dance, shuffle forward on outside feet
3 Rock forward on inside feet
4 Rock back on outside feet
5-8 Repeating 1-4 in opposite direction and changing hands

9&10 Side shuffle back to face partner
11-12 **LADY:** (Roll) full turn right letting go of partners hands
 MAN: Right over left, step to left side with left
13&14 **LADY:** Shuffle forward on left (catching mans hands)
 MAN: Shuffle back on right
15-16 **LADY:** Rock forward on right back on left
 MAN: Rock back on left, forward on right
17-18 **LADY:** Walk back right, left
 MAN: Walk forward left, right

At this point hold hands loosely, but never release

19 **LADY:** Raising right arm, step slightly diagonally forward on right
 MAN: Step forward left ¼ turn to left
20 **LADY:** Step forward on left turning ¼ to right going under raised arms (lady is now facing into the line of dance).
 MAN: Pivot ½ turn left on left while stepping back right
21 **LADY:** Rock back on right, bring right hand down to mans waist level, lady's left arm is behind her back at waist level.
 MAN: Rock left to left side completing ¾ turn
22 **LADY:** Rock forward on left
 MAN: Rock right to right side
23 **LADY:** Step right to right side, raising lady's right arm over mans head and change sides
 MAN: Cross left over right
24 **LADY:** Bring left foot next to right, man's left arm is on lady's shoulder, man's right arm is behind his back at waist level
 MAN: Step right beside left
25-26 **LADY:** Raising mans left arm step back right (going under mans raised arm)step back left together.
 MAN: Hold for 2 counts
27-28 **LADY:** Step forward on right turning ¼ turn to left while bringing right hand around and over man's head (turning man ¾ turn right over right shoulder), step left beside right
 MAN: Pivot on right ¾ turn to right, step left beside left

BOTH (MAN SHOULD NOW BE FACING LADY)

29 Step outside feet ¼ turn into line of dance, drop leading hands
30-31 Kick inside feet forward twice
32 Rock back onto inside feet ¼ turn to face each other

REPEAT
