

Simplemente

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lisa Ferguson (UK)
音樂: Simplemente - Chyanne



RIGHT LOCK STEPS FORWARD, ROCK ½ TURN LEFT, CHASSE RIGHT, BACK ROCK & SIDE

1&2 Step forward right, lock left behind right, step forward right
3&4 Rock forward on left, replace weight onto right, make ½ turn left stepping forward left
5&6 Step right to right side, close left beside right, step right to right side
7&8 Rock back on left, replace weight onto right, step left to left side

RIGHT CROSS ROCK & SIDE, LEFT SAILOR STEP, RIGHT SAILOR STEP, TRIPLE ½ TURN LEFT

1&2 Cross right over left, replace weight onto left, step right to right side
3&4 Cross left behind right, step right to right side, step left to left side
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Sweep left behind right, making ½ turn left stepping left, right, left

RIGHT KICK BALL FLICK, CROSS, BACK, BACK, CROSS, BACK, BACK, BEHIND, SIDE, CROSS

1&2 Kick right forward, step onto ball of right, angling body to right diagonal flick left behind left to left diagonal (click fingers)

Option: flick can be replaced with point to left

3&4 Cross left over right, step back right, step back left
5&6 Cross right over left, step back left, step back right
7&8 Cross left behind right, step right to right side, cross left in front of right

SIDE ROCK, ½ TURN RIGHT, LEFT KICK BALL FLICK, CROSS, BACK, BACK, ¾ TRIPLE TURN

1&2 Step right to right side rocking weight on right, replace weight on left, make ½ turn right stepping right to right side
3&4 Kick left forward, step down onto ball of left foot, angling body to left diagonal flick right behind to right (click fingers)

Flick can be replace with point to right

5&6 Cross right over left, step back left, step back right
7&8 Step back on left making ¼ turn left, step right ¼ turn left, step left ¼ turn left

REPEAT
