

Simple Simon

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: PJ (UK)
音樂: You Can Call Me Al - Paul Simon



WALK FORWARD, KICK BALL CHANGE, FORWARD ROCK, RECOVER, SHUFFLE ½ TURN RIGHT

1-2 Step forward on right foot, step forward on left foot
3&4 Kick right foot forward, close right beside left, step left foot in place
5-6 Rock forward on right foot, recover weight back on to left foot
7&8 Shuffle ½ turn right, stepping right left right

WALK FORWARD, KICK BALL CHANGE, FORWARD ROCK, RECOVER, SHUFFLE ½ TURN LEFT

1-2 Step forward on left foot, step forward on right foot
3&4 Kick left foot forward, close left beside right, step right foot in place
5-6 Rock forward on left foot, recover weight back on to right foot
7&8 Shuffle ½ turn left, stepping left right left

CROSS SIDE, RIGHT SAILOR STEP, CROSS, SIDE, HINGE TURN AND SIDE SHUFFLE LEFT

1-2 Cross right over left, step left foot to left side
3&4 Cross right behind left, step left foot to left side, step right foot to right side
5-6 Cross left over right, step right foot to right side
7&8 Make ½ turn left stepping left foot to left side, close right beside left, step left foot to left side

POINT FORWARD, POINT SIDE, SAILOR ¼ TURN RIGHT, FORWARD ROCK, RECOVER, LEFT COASTER STEP

1-2 Point right toe forward, point right toe to right side
3&4 Cross right behind left, make ¼ turn right stepping left foot to left side, step right foot to right side
5-6 Rock forward on left foot, recover weight back on to right foot
7&8 Step back on left foot, close right beside left, step forward on left foot

REPEAT
