

Simple Pleasures

拍數: 32 牆數: 4 級數:
編舞者: Mark Simpkin (AUS) & Robin Imms (AUS)
音樂: I'll Go On Loving You - Alan Jackson



- 1-2 Turn on left foot $\frac{1}{4}$ turn left stepping forward onto right, rock back onto left
3-4 Pivot on left $\frac{1}{4}$ turn right touching ball of right to right side, drop weight onto right foot
5-6 Turn on right foot $\frac{1}{4}$ turn right stepping forward onto left, rock back onto right
7-8 Pivot on right $\frac{1}{4}$ turn left touching ball of left to left side, drop weight onto left foot
- 9-10 Turn on left foot $\frac{1}{4}$ turn left stepping forward on right, pivot $\frac{1}{2}$ turn left taking weight to left
11-12 Turn $\frac{1}{4}$ turn left & touch ball of right to right side, drop weight to right foot
13-14 Rock back on left, rock forward on right
15-16 Step left to left side, step right beside left
- 17-18 Step left forward, turn $\frac{1}{4}$ turn left & step back on right
19-20 Step left back, hold
21-22 Step right beside left, step left forward
23-24 Step right forward, pivot $\frac{1}{2}$ turn right on right foot
- 25-26 Step left forward, pivot $\frac{1}{4}$ turn right taking weight on right
27-28 Step left beside right, hold
29-30 Step/rock back on right, rock forward on left
31-32 Step right forward, pivot $\frac{1}{4}$ turn left taking weight to left foot

REPEAT

To keep the dance in phrase with the music, there are two restarts. On the fourth & eighth wall, do the first 8 counts only & restart again from the beginning on count 1. The dance should be smooth flowing. Therefore the $\frac{1}{4}$ turn at the end of the dance & the $\frac{1}{4}$ turn at the start of dance should flow into a $\frac{1}{2}$ turn left.
