

Simple Life

拍數: 64 牆數: 2 級數: Improver
編舞者: Crazyhorse (UK)
音樂: Simple Life - Nanci Griffith



2 HALF MONTEREY TURNS RIGHT

- 1-2 Touch right toe to the right pivot $\frac{1}{2}$ turn to the right and step right foot next to left
- 3-4 Touch left toe to left side bring left toe in and step next to right foot
- 5-8 Repeat counts 1-4

TOE TOUCHES BACK CROSS BACK LOCK BACK TOUCH

- 1-2 Touch right toe forward, touch right toe next to left foot
- 3-4 Step back on right foot, cross left foot over right and take weight onto left foot
- 5-6 Step back on right lock left over right
- 7-8 Step back on right touch left next to right

GRAPEVINE $\frac{1}{2}$ TURN BEHIND SIDE TOUCH, ROCK RECOVER

- 1-2 Step left to left side, step right behind left
- 3-4 Step $\frac{1}{4}$ to left on left foot; pivot $\frac{1}{4}$ left stepping right-to-right side
- 5-6 Step left behind right step right to right side
- 7-8 Rock forward on left recovery weight onto right

BACK LOCK BACK, STEP $\frac{1}{2}$ TURN STEP LOCK STEP TOUCH

- 1-2 Step back on left lock right across left
- 3-4 Step back on left step $\frac{1}{2}$ turn right stepping forward onto right
- 5-6 Step left foot forward lock right behind left
- 7-8 Step forward on left touch right next to left

STRUTTING JAZZ BOX CROSS ROCK RECOVER

- 1-2 Touch right toe across left foot, drop right heel
- 3-4 Step back on left toe, drop left heel
- 5-6 Step right toe to right side, drop right heel
- 7-8 Cross rock left foot over right, recover weight onto right

STRUTTING JAZZ BOX CROSS ROCK RECOVER

- 1-2 Touch left toe across right foot, drop left heel
- 3-4 Step back on right toe, drop right heel
- 5-6 Step left toe to left side, drop left heel
- 7-8 Cross rock right foot over left, recover weight onto left

FIGURE OF EIGHT GRAPEVINE $\frac{1}{4}$ TURN LEFT

- 1-2 Step right to right side, step left behind right
- 3-4 Step right foot to right side making $\frac{1}{4}$ turn right, step forward on left foot (3:00)
- 5-6 Turn $\frac{3}{4}$ right stepping left foot to left side (12:00)
- 7-8 Step right behind left, step $\frac{1}{4}$ left on left foot (9:00)

$\frac{1}{4}$ TURN, BEHIND, $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, BEHIND SIDE, STEP SIDE, STEP FORWARD $\frac{1}{2}$ TURN

- 1-2 Turn $\frac{1}{4}$ left stepping right to right side, step left behind right (6:00)
- 3-4 Turn $\frac{1}{4}$ right on right foot, turn $\frac{1}{4}$ right stepping left foot to left side (12:00)
- 5-6 Step right behind left, step left-to-left side
- 7-8 Step forward on right turn $\frac{1}{2}$ turn left (6:00)

REPEAT
