Simple Life

級數: Intermediate



拍數: 32

編舞者: Kathy Hunyadi (USA)

音樂: Simple Life - Maysa

There is a rather long intro: 48 counts. You can wait or start after the first 16 counts of music before vocals

SIDE, TOGETHER, SIDE, SYNCOPATED ROCK, STEP BACK, ROCK BACK, TRIPLE FORWARD

1-2-3 Step side right on right, step left together with right, step right to side

牆數: 4

- 4&5 Rock left forward and across right, recover weight to right, step left foot behind right (3rd position)
- 6-7 Rock back on right, recover weight to left
- 8&1 Triple forward right, left, right

FULL TURN RIGHT, TRIPLE BACK, ROCK STEP, CHA-CHA TWINKLE FORWARD

- 2-3 Step forward on left foot, turn ½ right changing weight to right foot, continue to turn ½ right on ball of right foot (completing a full turn to right)
- 4&5 Triple back left, right, left
- 6-7 Rock back on right foot, recover weight to left foot
- 8&1 Step right foot forward & across left, step left slightly to side, step right foot next to left body angled to right

CHA-CHA TWINKLES FORWARD, ROCK STEP, ¼ TURN LEFT, SIDE, TOGETHER, SIDE

- 2&3 Step left foot forward & across right, step right slightly to side, step left foot next to right body angled to left
- 4&5 Step right foot forward & across left, step left slightly to side, step right foot next to left body angled to right
- 6-7 Rock forward on left foot, recover weight to right
- 8&1 Turning ¼ left, step left to side, step right next to left, step left to side

DOUBLE CROSSOVER BREAK, STEP, CROSS, STEP SIDE, TOGETHER

- 2-3 Cross rock right over left, recover weight to left
- 4-5 Cross rock right over left, recover weight to left
- 6&7 Step right behind left (in 5th position), cross step left diagonally over right, step right to side
- 8 Step left next to right (taking weight on left)

REPEAT