

Silverado

拍數: 48 牆數: 4 級數:
編舞者: Shawn Hazel
音樂: You Win My Love - Shania Twain



KICK, KICK, SHUFFLE BACK

1-2 Kick right forward, kick right foot to right side
3&4 Right shuffle back (right, left, right)
5-6 Kick left forward, kick left foot to left side
7&8 Left shuffle back (left, right, left)

FORWARD SHUFFLES, ½ TURN, ¼ TURN

1&2 Right shuffle forward (right, left, right)
3&4 Left shuffle forward (left, right, left)
5-6 Step forward right & turn ½ left, step in place left
7-8 Step forward right & turn ¼ left, step in place left

SIDE SHUFFLES, CROSS, UNWIND

1&2 Right shuffle to right (right, left, right)
3-4 Rock step back left, step in place right
5&6 Left shuffle to left (left, right, left),
7-8 Cross right over left & unwind (turn) ½ left

Weight should be centered more on the left foot at the end of the turn

JAZZ HOPS FORWARD

& Step forward with right foot
1 Touch left toe next to right foot
2 Hold
& Step forward with left foot
3 Touch right toe next to left foot
4 Hold
&5-8 Repeat &1-4

TOE-HEEL WALKS CROSSING OVER & TRAVELING LEFT WITH FINGER SNAPS

1 Cross right toe over left foot,
2 Lower right heel and snap fingers
3 Step to left side with left toe,
4 Lower left heel and snap fingers
5-8 Repeat 1-4

HIP BUMPS, HIP ROLLS

1& Push right hip to right, straighten or recover
2 Push right hip to right side,
3& Push left hip to left, straighten or recover
4 Push left hip to left
5-8 Roll or rotate hips from right to left twice over the 4 counts

REPEAT