

Silver Wolf

拍數: 0 牆數: 4 級數: Intermediate
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音樂: Mom Is Home - A-Moe



Sequence: AA B C AA C AA B AA D

PART A

POINT, HITCH, POINT, HOOK, STEP TURN ½, STEP, HOLD

- 1-4 Point right toe to right side, hitch right across left, point right toe to right side, hook right across left
5-6 Step right forward and make a half turn to the left
7-8 Step right foot forward, hold

KICK BALL STEP, ROCK STEP, STEP BACK STEP BACK

- 1&2 Kick left foot forward step, right next to left, step left foot forward
3-4 Rock forward on left, recover
5-8 Step left back (on two counts) step right back (on two counts), weight ends at left foot

TOUCH OUT IN, ¼ TURN LEFT, STEP, HOLD, ¼ TURN, HOLD

- 1&2 Touch right forward, twist both heels out, twist both heels in
3-4 Stretch right arm forward, pull right arm to the chest as you make a ¼ turn to left on ball of left foot
5-6 Right foot step forward, hold
7-8 Step on left foot make a ¼ turn to the left, hold

TOUCH BACK ½ TURN, PRESS RIGHT FORWARD, RECOVER, KICK CROSS BACK TWICE

- 1-2 Touch right toe back, make a ½ turn to the right
3-4 Press right foot forward and bend forward as you cross both arms on right knee, recover
5&6 Kick right foot forward, cross right slightly across left, step back on left foot
7&8 Kick left foot forward, cross left slightly across right, step back on right foot

PART B

STEP RIGHT, SLIDE, TOUCH, STEP LEFT, SLIDE, TOUCH

- 1-4 Step right to right side, slide left foot to the right, touch left next to the right
5-8 Step left to left side, slide right to the left, touch right next to the left

STEP TURN ¾, STEP RIGHT, SLIDE, TOUCH

- 1-4 Right foot cross over left foot and make a ¾ turn to the left taking weight on left, touch right next to left
5-8 Step right to right side, slide left foot to the right, touch left next to right

HIP SWAY X 4, JIVE KICK LEFT & RIGHT

- 1-2 Sway hips to the left
3-4 Sway hips to the right
5-6 Sway hips to the left
7-8 Sway hips to the right

JIVE KICK LEFT & RIGHT

- 1-4 Kick left forward, step left back
5-8 Kick right forward, step right back

STEP LEFT, SLIDE TOUCH, STEP RIGHT, SLIDE, TOUCH

- 1-4 Step left to left side, slide right foot to the left, touch right next to left
5-8 Step right to right side, slide left foot to the right, touch left next to right

STEP TURN $\frac{3}{4}$, STEP LEFT, SLIDE, TOUCH

- 1-4 Left foot cross over right foot and make a $\frac{3}{4}$ turn to the right taking weight on right, touch left next to right
5-8 Step left to left side, slide right foot to the left, touch left next to right

HIP SWAY X 4

- 1-2 Sway hips to the right
3-4 Sway hips to the left
5-6 Sway hips to the right
7-8 Sway hips to the left

JIVE KICK RIGHT & LEFT

- 1-4 Kick right forward, step right back
5-8 Kick left forward, step left back

PART C

POINT & POINT & POINT & POINT

- 1&2& Point right to right side, step right next to left, point left to left side, step left next to right
3&4& Point right to right side, step right next to left, point left to left side, step left next to right

PART D

After the last section of A there are four counts where hi sing "the end"

- 1-2 Right foot step right, hold
3-4 Hold, arm movement, right arm up
5-8 Arm movement, right arm down to the floor, hold for three counts
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