

Silver Wings

拍數: 32 牆數: 4 級數: Improver
編舞者: Peter Metelnick (UK)
音樂: Silver Wings - Bastard Sons of Johnny Cash



LEFT FORWARD, ½ RIGHT MONTEREY TURN, LEFT SIDE CHA, RIGHT SYNCOPATED CROSS ROCK & RECOVER

1-3 Step left foot forward, touch right toes to right side, turning ½ right step right foot together
4&5 Step left foot to left side, step right foot together, step left foot to left side
6-7 Cross rock right foot over left, recover weight on left foot
8&1 Step right foot to right side, step left foot together, step right foot to right side

LEFT JAZZ BOX WITH ¼ LEFT, LEFT FORWARD CHA, WALK FORWARD 2, RIGHT SYNCOPATED ROCK FORWARD & RECOVER

2-3 Cross step left foot over right, step right foot back turning ¼ left
4&5 Step left foot forward, step right foot together, step left foot forward
6-7 Step right foot forward, step left foot forward
8&1 Rock right foot forward, recover weight on left foot, step right foot back

¼ LEFT & LEFT SIDE CHA TURNING ANOTHER ¼ LEFT, RIGHT FORWARD, ¼ LEFT PIVOT TURN, RIGHT CROSSING CHA, LEFT SYNCOPATED SIDE ROCK & RECOVER

2&3 Turning ¼ left step left foot to left side, step right foot together, step left foot to left side turning ¼ left
4-5 Step right foot forward, pivot ¼ left
6&7 Cross step right foot over left, step left foot to left side, cross step right foot over left
8&1 Rock left foot to left side, recover weight on right foot, cross step left foot over right

RIGHT TO RIGHT SIDE, LEFT SLIDE TOGETHER, RIGHT COASTER STEP BACK, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD, ¼ RIGHT PIVOT TURN

2-3 Step right foot to right side, slide left foot together with weight ending on left foot
4&5 Step right foot back, step left foot together, step right foot forward
6-7 Step left foot forward, pivot ½ right
8& Step left foot forward, pivot ¼ right

REPEAT
