

Silver Shadow (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Carl Edwards (UK)
音樂: Silver Shadow - Plain Loco



Position: Sweetheart position and on the same foot unless otherwise stated

STEP-LOCK SHUFFLES

1-2 Step forward on right foot, lock left behind right
3&4 Right forward shuffle
5-6 Step forward on left foot, lock right behind left
7&8 Left forward shuffle

9-10 Rock forward on right foot, recover on to left foot
11-12 Rock back on right foot, recover on to left foot
13-14 * Step forward on right foot, pivot ½ turn to left
15&16 Right forward shuffle

Drop right hands and raise left as you turn. Then pick up right hands in a mirror image of Sweetheart Position. Man is on right side of lady

17-18 Rock forward on left foot, recover on to right foot
19-20 Rock back on left foot, recover on to right foot
21-22 Rock forward on left foot, recover on to right foot
23&24 Left shuffle step making ½ turn left

You should now be back into original Sweetheart Position

25-26 Cross right foot over left, step back on left foot
27-28 Step right to right side, step forward on left
29-30 Cross right foot over left, step back on left foot
31-32 Step right ¼ turn to right, close left foot to right

You should now be in a Tandem-Style Position, man behind lady holding hands over lady's shoulders

33-34 Step right to right side, cross left behind right
35-36 Step right to right side, touch left beside right
37-38 Step left to left side, cross right behind left
39-40 Step left ¼ turn to left, scuff right foot forward

You are now back into original Sweetheart Position

41&42 Right forward shuffle
43&44 Left forward shuffle
45&46 Right forward shuffle
47&48 Left forward shuffle

REPEAT