

Silver Saddle Bump

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Larry Bass (USA)
音樂: See Ya - Atomic Kitten



KICK, STEP BACK, TOUCH, KICK STEP TOUCH, SIDE TOUCHES, COASTER STEP

1&2 Kick right forward, step right back angling body to right, touch left slightly in front of right
3&4 Kick left forward, step left slightly in front of right, touch right behind left heel
&5 Step right in place, touch left to left
&6 Step left beside right, touch right to right
& Step right beside left
7&8 Step left back, step right beside left, step left forward

STEP PIVOT, OUT, OUT, IN CROSS, HIP BUMPS WITH HEEL TWISTS TURNING ½ TURN

9-10 Step right forward; pivot ½ turn left onto left
&11 Step right to right side, step left to left side
&12 Step right to center, step left across right
&13 Twist heels to left while bumping hips left turning 1/8 turn right, twist heels slightly right
&14 Twist heels to left while bumping hips left turning 1/8 turn right, twist heels slightly right
&15 Twist heels to left while bumping hips left turning 1/8 turn right, twist heels slightly right
&16 Twist heels to left while bumping hips left turning 1/8 turn right, twist heels slightly right

COASTER STEP, TOUCH & TOUCH WITH ¼ TURN, HIP BUMP, FORWARD SHUFFLE

17&18 Step right back, step left beside right, step right forward
19&20 Touch left beside right, step left beside right while turning ¼ turn right, touch right forward
21&22& Bump hips forward, back, forward, back
23&24 Shuffle forward right, left, right

SYNCOPATED ROCK STEP & LONG STEP, HOLD, SYNCOPATED ROCK STEP, PADDLE TURN

25&26 Step left across right, rock back onto right, step left long step to left side
27&28 Slide right toward left, rock right back, rock forward onto left
29-30 Step right to right turning ¼ turn right; touch left to left while turning ¼ turn right
&31 Hitch left knee inward, touch left to left while turning ¼ turn right
&32 Hitch left knee inward, step left beside right while turning ¼ turn right

REPEAT