

Silver Lady

拍數: 32 牆數: 2 級數: Beginner
編舞者: John Wilson (UK)
音樂: Silver Lady - David Soul



CROSS ROCK, SIDE CLOSE SIDE TWICE

1-2 Cross right foot over left, recover weight on left
3&4 Step right foot to right side, close left beside right, step right foot to right
5-6 Cross left foot over right, recover weight on right
7&8 Step left foot to left side . Close right beside left, step left foot to left side

FORWARD ROCK, TRIPLE ½ TURN TWICE, BACK ROCK

1-2 Rock forward on right, recover weight on left
3&4 Right ½ turn shuffle stepping right left right
5&6 Right ½ turn shuffle stepping left right left
7-8 Rock back on right, recover weight on left

FULL TURN FORWARD, RIGHT SHUFFLE, ROCK ¼ TURN, BEHIND SIDE CROSS

1-2 Turn ½ left stepping right back, turn ½ left stepping left forward

Alternative:

1&2 Walk forward right left
3&4 Step right forward, close left beside right, step right forward
5-6 Make ¼ turn right rocking on left foot, recover weight on right
7&8 Cross left behind right, step right to side, cross left over right

FORWARD ROCK, ¾ TRIPLE TURN, FORWARD ROCK, TRIPLE ½ TURN

1-2 Rock forward on right, recover weight on left
3&4 Make ¾ turn right stepping back right left right
5-6 Rock forward on left, recover weight on right
7&8 Make ½ turn left stepping back left right left

REPEAT