

Silver & Gold

拍數: 36 牆數: 4 級數:
編舞者: Steve Mason (UK)
音樂: Silver Threads and Golden Needles - Loretta Lynn, Dolly Parton & Tammy Wynette



LEFT SHUFFLE, STEP PIVOT TURN, ½ TURN SHUFFLE, ROCK BACK AND RECOVER

1&2 Step forward on left foot, close right foot beside left foot, step forward on left foot
3-4 Step right foot forward, make ½ pivot turn left
5&6 Step right, left right in place while you make ½ turn left
7-8 Rock back onto left foot, recover forward onto right foot

KICK AND POINT, LEFT AND RIGHT, ROCK ½ TURN SHUFFLE AND REPEAT LEADING WITH RIGHT

9&10 Kick left foot forward, step left foot into place, point right toes to right
11&12 Kick right foot forward, step right foot into place, point left toes to left
13-14 Rock forward on left foot, recover onto right foot
15&16 Step left, right, left in place while you make ½ turn left
17&18 Kick right foot forward, step right foot into place, point left toes to left
19&20 Kick left foot forward, step left foot into place, point right toes to right
21-22 Rock forward on right foot, recover onto left foot
23&24 Step right, left, right in place as you make a ½ turn right

JAZZ BOX ¼ TURN LEFT, 3 STEP TURN, STEP, STOMP, HEEL TOE BRUSHES

25-28 Cross left foot over right foot, step back on right foot, make a ¼ turn stepping left foot to left, tap right foot next to left foot
29-32 Step right foot to right side as you make a ¼ turn right, make ½ turn stepping onto left foot, make ¼ turn onto right foot (full turn right), step left foot next to right foot
33-36 Stomp right foot forward, brush left heel forward, brush left foot across right shin, brush left foot forward

REPEAT
