

Silly Old Boy

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Caisa Jansson (SWE)
音樂: The Worrying Kind - The Ark



A big thanks to Evy and Lena who encouraged me to try to choreograph a dance, and came with suggestions (Lena, the 4 count tag is yours)

RIGHT AND LEFT SHUFFLE FORWARD, RIGHT POINT CROSS, LEFT POINT CROSS

1&2 Step right foot forward, step left foot next to left, step right foot forward
3&4 Step left foot forward, step right foot next to left, step left foot forward
5-6 Point right foot to right side, step right foot over left
7-8 Point left foot to left side, step left foot over right

RIGHT BACK, LEFT SIDE, RIGHT CROSS, LEFT ROCK TURN ¼, LEFT FORWARD. RIGHT KICK-BALL-CHANGE

1-2-3 Step right foot back, step left foot to left side, step left foot over right
4-5-6 Rock left foot to left side, recover onto right turning ¼ right, step left foot forward
7&8 Kick right foot forward, step on ball of right next to left, step left foot next to right

RIGHT ROCK FORWARD, JUMP BACK, HOLD, JUMP BACK, HIP BUMPS LEFT, RIGHT, LEFT

1-2 Rock right foot forward, recover onto left
&3-4 Jump back right and left (weight on left), hold
&5 Jump back right and left (weight on right)
6-7-8 Bump hips left, right, left (weight on left)

RIGHT HEEL JACK, LEFT HEEL JACK, EXTENDED CROSS SHUFFLE, UNWIND ½ LEFT

1&2 Cross right foot over left, step back on left foot, tap right heel forward on a right diagonal
&3&4 Step right foot next to left, cross left foot over left, step back on right foot, tap left heel forward on a left diagonal
&5&6 Step left foot next to right, cross right foot over left, step left foot to left, cross right foot over left
&7-8 Step left foot to left side, cross right foot over left, unwind ½ to left (weight on left)

REPEAT

TAG 1

Occurs twice; at the end of wall 4 and wall 8 (both facing 12:00 wall)

RIGHT TOE-STRUT, LEFT TOE-STRUT, RIGHT CHARLESTON, LEFT CHARLESTON, RIGHT SIDE, LEFT HOOK, LEFT SIDE, RIGHT HOOK

1-2-3-4 Step right toe forward, step onto right, step left toe forward, step onto left
5-6-7-8 Touch right foot forward, step back on right foot, touch left foot back, step forward on left
9-10 Step right foot to right side, hook left foot behind right leg
11-12 Step left foot to left side, hook right foot behind left leg

TAG 2

Occurs once; at the end of wall 5 (facing 9:00)

1-2-3-4 Walk right, left, right, left in a circle, making a full turn left

ENDING

On the 10th wall, facing 6:00 wall, dance the first 8 counts of the dance, after crossing left foot over right, unwind ½ to right and make a pose with both arms stretched straight up

