The Silly Gilly Show



拍數: 48 牆數: 4 級數: Improver

編舞者: Debbie Pugh (UK)

音樂: Welcome To The Silly Gilly Show - Magill



RIGHT CHASSE LEFT ROCK BACK AND RECOVER AND LEFT STEP

1&2 Step right to right side, close left next to right, step right to right side

3&4 Rock back on left, recover on right, step left to left side

RIGHT BEHIND SIDE ACROSS HALF TURN RIGHT

5&6 Step right behind left, step left to side, step right across left

7&8 Step back left doing a quarter turn right, step right to right side doing another quarter turn,

step forward left

RIGHT SHUFFLE, LEFT SHUFFLE, HIP SWAYS RIGHT, LEFT, RIGHT LEFT

Step forward right, close left behind right, step forward right
Step forward left, close right behind left, step forward left
Sway hips right, left, (weight stays on left)

ROCK RIGHT FORWARD AND BACK AND SIDE AND TOGETHER

1&2& Rock right foot forward, recover on to left, rock back on right, recover on left

3&4 Rock right to the right side, recover on to left, step right besides left

ROCK LEFT FORWARD AND BACK AND SIDE TOUCH LEFT

Rock left foot forward, recover on right, rock back on left, recover on right Rock left to the left side, recover on the right, touch left next to right

LEFT CHASSE RIGHT ROCK BACK AND RECOVER AND RIGHT STEP

Step left to left side, close right next to left, step left to left side Rock back on right, recover on to left, step right to right side

LEFT BEHIND SIDE ACROSS SIDE ROCK QUARTER TURN STEP

Step left behind right, step right to side, step left across right

7&8 Rock right to the side, recover on to left doing quarter turn left, step forward right

LEFT SHUFFLE, RIGHT SHUFFLE, HIP SWAYS LEFT, RIGHT, LEFT, RIGHT

1&2 Step forward left, close right behind left, step forward left
3&4 Step forward right, close left behind right, step forward right
5-6-7-8 Sway hips left, right, left, right (weight ends up on right)

ROCK LEFT FORWARD AND BACK AND SIDE AND TOGETHER

1&2& Rock left foot forward, recover onto right, rock left foot back, recover on the right

3&4 Rock left foot to the left side, recover on to right, step left next to right

ROCK RIGHT FORWARD AND BACK AND SIDE TOUCH RIGHT

5&6& Rock right foot forward, recover onto left, rock back on right, recover on left

7&8 Rock right to right side, recover on left, touch right next to left

REPEAT

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On the 6th wall repeat steps 17-24, but leading with your left foot. Then a small pause in music (do what you

like). Start dance from beginning to this point. Again repeat steps 17-24. The music ends there