

Silky-Smooth

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Chris Hodgson (UK)
音樂: There's Your Trouble - The Chicks



CHASSE RIGHT / ROCK STEP / TRIPLE ½ TURN RIGHT / BACK ROCK

1&2 Step right to right side, step left next to right, step right to right side
3-4 Step back on left foot, rock weight forward onto right
5&6 Triple step in place on left-right-left making ½ turn right
7-8 Step back on right foot, rock weight forward onto left

SHUFFLE FORWARD / CHRIS` CROSSING STEPS

1&2 Shuffle forward on right-left-right
3-4 Cross step left over in front of right, small step right to right side
5-6 Step left in place, cross step right over in front of left
7-8 Small step left to left side, step right in place

CROSS-SIDE / HEEL TAPS / CROSS-HEEL TAPS / SIDE ROCK

1-2 Cross step left over in front of right, step right to right side
3-4 Tap left heel down twice
&5-6 Step left in place, crossing right over left tap right heel down twice
7-8 Step left to left side, rock weight onto right foot

½ TURNING TRIPLE STEP / BACK ROCK / KICK BALL CHANGE / STEP-½ TURN

1&2 Step in place on left-right-left making ½ turn right
3-4 Step back on right foot, rock weight forward onto left
5-6 Kick right foot forward, step on ball of right in place, step in place on left
7-8 Step forward on right foot, pivot ½ turn left

REPEAT
