

Silky Smooth

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Larry Bass (USA)
音樂: There Goes My Baby - Trisha Yearwood



KICK-BALL-CHANGE, ROCK STEP; FULL ROLLING BACKWARD TURN, COASTER STEP

- 1&2 Kick right foot forward & step ball of right foot beside left; step left foot in place.
3-4 Step right foot forward; rock back on left foot.
5 (moving toward 6:00). Turn $\frac{1}{2}$ turn right, stepping on right foot, starting full rolling backward right turn.
6 (moving toward 6:00). Turn $\frac{1}{2}$ turn right, stepping left foot back, completing full rolling backward right turn.
7&8 Step right foot back & step left foot beside right; step right foot forward.

KICK-BALL-CHANGE, ROCK STEP; FULL ROLLING BACKWARD TURN, COASTER STEP.

- 9&10 Kick left foot forward & step ball of left foot beside right; step right foot in place.
11-12 Step left foot forward; rock back on right foot.
13 (moving toward 6:00). Turn $\frac{1}{2}$ turn left, stepping on left foot, starting full rolling backward left turn.
14 (moving toward 6:00). Turn $\frac{1}{2}$ turn left, stepping right foot back, completing full rolling backward left turn.
15&16 Step left foot back & step right foot beside left; step left foot forward.

HEEL SWITCHES, STEP $\frac{1}{4}$ TURN; SAILOR SHUFFLE, $\frac{1}{4}$ TURN COASTER STEP.

- 17& Touch right heel forward & step right foot beside left.
18& Touch left heel forward & step left foot beside right.
19-20 Step right foot forward; turn $\frac{1}{4}$ turn left onto left foot.
21&22 Cross right foot behind left & step left foot to left; step right foot diagonally forward to right.
23&24 Turn $\frac{1}{4}$ turn left while stepping left foot back & step right foot beside left; step left foot forward.

STEP PIVOT, $\frac{1}{2}$ TURN, STEP BACK; COASTER STEP, FORWARD SHUFFLE.

- 25-26 Step right foot forward; pivot $\frac{1}{2}$ turn left onto left foot.
27-28 Turn $\frac{1}{2}$ turn left, stepping right foot back; step left foot back.
29&30 Step right foot back & step left foot beside right; step right foot forward.
31&32 Shuffle forward left, right, left.

REPEAT
