Sidewinder



編舞者: Mike Marshall (USA)

音樂: Redneck Rhythm & Blues - Brooks & Dunn



TWIST: RIGHT, HOLD, LEFT, HOLD,

1 Twist both heels to the right side

2 Hold

3 Twist both heels to the left side

4 Hold

TWIST RIGHT, LEFT, RIGHT, LEFT

Twist both heels to the right side
 Twist both heels to the left side
 Twist both heels to the right side
 Twist both heels to the left side

VINE RIGHT, TOUCH

9 Step right foot to right side

10 Step across behind right leg with left foot

Step right foot to right sideTouch left toe beside right foot

VINE LEFT, TOUCH

13 Step left foot to left side

14 Step across behind left leg with right foot

Step left foot out to left sideTouch right toe next to left foot

SIDE, TURN, TURN, TOUCH

17 Step right foot to the right side

18 Cross left foot over right, pivot ½ turn right on ball of right foot stepping to left side with left

foot

19 Pivot ½ turn right on ball of left foot stepping to right side with right foot

20 Touch left toe next to right foot

DIAGONAL VINE LEFT, TOUCH

21 Step forward-left with left foot

22 Step across behind left leg with right foot

Step forward-left with left foot
 Touch right toe next to left foot

DIAGONAL VINE RIGHT, TOUCH

25 Step forward-right with right foot

26 Step across behind right leg with left foot

Step forward-right with right footTouch left tope next to right foot

BACK DIAGONAL WALK-TOUCH

Step back-left with left footTouch right toe next to left foot

31	Step back-right with right foot
32	Touch left toe next to right foot
33	Step back-left with left foot
34	Touch right toe next to left foot

APART, CROSS, TURN, HOLD

35	Jump apart shoulder width with both	feet
00	damp apart officiation what with both	

36 Jump together crossing right foot in front of left foot

37 Unwind ½ turn left on balls of both feet

38 Hold

HOP, HOP, STRUT, STRUT

Hop forward on the balls of both feet Hop forward on the balls of both feet

Step forward with right toe
Drop right heel down
Step forward with left toe
Drop left heel down

STRUT, STRUT

Step forward with right toe
Drop right heel down
Step forward with left toe
Drop left heel down

WALK, 2, 3, KICK

49 Step forward on right foot
50 Step forward on left foot
51 Step forward on right foot
52 Kick left foot forward

WALK BACK, 2, 3, HOP, STEP

Step back with left foot
Step back with right foot
Step back with left foot
Hop back onto right foot
Step forward with left foot

WALK, 2, 3, TOUCH

57 Step forward with right foot 58 Step forward with left foot 59 Step forward with right foot 60 Touch left toe next to right foot

VINE LEFT, SCUFF

Step to left side with left foot

Step across behind left leg with right foot

Step ¼ turn left with left foot

64 Scuff right toe forward

CROSS, BACK, SIDE, FORWARD

Step across in front of left leg with right foot

66 Step back with left foot

Step to the right side with right foot

CROSS, BACK, SIDE, FORWARD

69 Step across in front of left leg with right foot

70 Step back with left foot

71 Step to the right side with right foot

72 Step left foot next to right

REPEAT