

Sidekickin'

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Larry Bass (USA)
音樂: Sweet Little Shoe - Dan Seals



CROSS, BACK, SIDE SHUFFLE LEFT; CROSS, BACK, SIDE SHUFFLE RIGHT

- 1-2 Cross left foot over right; step right foot back.
3&4 Step left foot to left; step ball of right foot beside left; step left foot to left.
5-6 Cross right foot over left; step left foot back.
7&8 Step right foot to right; step ball of left foot beside right; step right foot to right.

LEFT SHUFFLE FORWARD; RIGHT SHUFFLE FORWARD; HIPS FORWARD, BACK; LEFT TRIPLE STEP IN PLACE.

- 9&10 Step left foot forward; step ball of right foot beside left; step left foot forward.
11&12 Step right foot forward; step ball of left foot beside right; step right foot forward.
13-14 Step left foot forward while pushing left hip forward, ; push right hip back, rocking back onto right foot.
15&16 Step left foot in place; step ball of right foot beside left; step left foot in place.

KICK-BALL-TOUCH; KICK-BALL-TOUCH; SWIVELING RIGHT ON LEFT FOOT, RIGHT TOE TOUCHES.

- 17&18 Kick right foot forward; & step ball of right foot beside left; touch left toe back 45 degrees to left.
19&20 Kick left foot forward; & step ball of left foot beside right; touch right toe back 45 degrees to right.
&21 Move toes of left foot to right while lifting right foot; move heel of left foot to right while touching right toe to right.
&22&23&24 Repeat steps &21 three times.

STEP PIVOT TURN; STEP PIVOT TURN; HEEL & HEEL & TOE & HEEL, WHILE TURNING ½ TURN LEFT.

- 25-26 Step right foot forward; pivot ½ turn left onto left foot.
27-28 Step right foot forward; pivot ½ turn left onto left foot.
29& Touch right heel forward; step right foot beside left while turning ¼ turn left.
30& Touch left heel forward; step left foot beside right while turning ¼ right
31& Right toe back; step right foot beside left.
32 Touch left heel forward.

REPEAT
