

Side Winder Stomp

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Michael Seurer (USA)
音樂: Take It from Me - Scooter Lee

級數: Beginner straight rhythm



HIP BUMPS, CLAP HANDS, HEEL SPLITS

- 1-2 Bump hips right twice
- 3-4 Bump hips left twice
- 5-6 Clap hands twice
- 7 Swivel both heels apart
- 8 Swivel both heels together

SIDE STEP RIGHT, SIDE STEP LEFT, CLAP HANDS

- 9 Step to the right on right foot
- 10 Step left foot next to right and step
- 11 Step to the right on right foot
- 12 Touch left foot next to right, clap hands
- 13 Step to the left on left foot
- 14 Step right foot next to left and step
- 15 Step to the left on left foot
- 16 Touch right foot next to left, clap hands

JAZZ SQUARE ¼ TURN TO THE RIGHT

- 17 Cross right foot over in front of left and step
- 18 Hold
- 19 Step back slightly on left foot
- 20 Hold
- 21 Step slightly to the right on right foot making a ¼ turn to the right
- 22 Hold
- 23 Step left foot next to right
- 24 Hold

FORWARD STEPS, CLAP HANDS, BACK UP STEPS, STOMP

- 25 Step forward on right foot
- 26 Step forward on left foot
- 27 Step forward on right foot
- 28 Kick left foot forward
- 29 Step back on left foot
- 30 Step back on right foot
- 31 Step back on left foot
- 32 Stomp right foot next to left foot

REPEAT
