

Side Steppin'

拍數: 32 牆數: 4 級數:
編舞者: Jill Doornik (USA)
音樂: Side Steppin - Doctor Bill



SIDE STEPPIN'

1 Step right with right foot
& Kick left with left foot
2 Step left with left foot
& Kick right with right foot
3 Step right with right foot
4 Cross over right foot with left foot

SIDE STEPPIN'

5-8 Repeat steps 1-4

JAZZ BOX

9 Cross over left foot with right foot
10 Step back with left foot
11 Step right with right foot
12 Step forward with left foot

TURNING JAZZ BOX

13 Cross over left foot with right foot
14 Turn ¼ left and step back with left foot
15 Step right with right foot
16 Step forward with left foot

FANCY FEET

17 Cross over left foot with right foot
& Step left with left foot
18 Touch right with right foot
& Cross over right foot with left foot
19 Cross over right with left foot
& Step right with right foot
20 Touch left with left heel
& Step left with left foot

BIG STEPS

21 Step diagonally forward & right with right foot
22 Drag left foot to right foot & touch with left foot
23 Step diagonally forward & left with left foot
24 Drag right foot to left foot & touch with right foot

HIP THRUSTS

25 Jump right with both feet (leading with hips)
26 Jump left with both feet (leading with hips)
27 Jump right with both feet (leading with hips)
28 Jump left with both feet (leading with hips)

HIP ROLLS & ½ TURN

- 29 Roll hips left
- 30 Roll hips right
- 31 Roll hips left
- 32 Turn ½ left, stepping with left foot & touch together with right foot

REPEAT
