

Sian's Waltz

拍數: 48 牆數: 1 級數: Improver waltz
編舞者: Dianne Evans (UK)
音樂: Christmas Card - Scooter Lee



LEFT TWINKLE, RIGHT TWINKLE

- 1-2-3 Step forward left foot across in front of right foot, step to side on right foot, close left foot to right foot
4-5-6 Step forward right foot across in front of left foot, step to side on left foot, close right foot to left foot

CROSS LEFT, SIDE RIGHT, ¼ TURN LEFT, BACK RIGHT, DRAG IN

- 1-2-3 Step forward left foot across in front of right foot, step to side on right foot, step back on left making ¼ turn left
4-5-6 Long step back on right foot, over next 2 counts draw left foot into right foot. (weight stays on right foot)

FULL TURN LEFT, FORWARD RIGHT ¼ TURN LEFT, STEP ACROSS

- 1-2-3 Step forward left preparing to turn left, step forward right making ½ turn left, turning on ball of right foot step forward left making ½ turn left (if don't like turns waltz forward on left)
4-5-6 Step forward right, step to side on left making ¼ turn left, step right foot across in front of left foot

SIDE LEFT, REVERSE TURN, STEP FORWARD, STEP TO SIDE ON LEFT, DRAG RIGHT FOOT INTO LEFT

- 1 Step to side on left foot
2-3-4 Cross right foot behind left foot making ½ turn over right shoulder, step forward left making further ¼ turn right, step forward right making further ¼ turn right...now facing back wall. (turn can be replaced with, step to side left, cross right foot behind left foot, step to side on left foot, step forward right foot)
5-6 Step to side on left foot, draw right foot into meet left foot, weight remains on left foot

1 ¼ TURN RIGHT, STEP FORWARD ¼ TURN RIGHT, STEP ACROSS

- 1-2-3 Step forward on right foot making ¼ turn right, step forward left making ½ turn right, turning on ball of left foot make further ½ turn right and step forward onto right foot
4-5-6 Step forward left, step to side on right making ¼ turn right, step left across front of right

ROCK RIGHT TO SIDE, RECOVER CROSS, STEP TO SIDE ON LEFT, DRAG RIGHT FOOT INTO LEFT FOOT

- 1-2-3 Rock right feet out to right side, recover weight onto left foot, step right across front of left foot
4-5-6 Big step to side on left foot, drag right foot in to join left foot, weight remains on left foot

STEP FORWARD, ½ TURN RIGHT, STEP FORWARD ½ TURN LEFT

- 1-2-3 Step forward right foot, step forward on ball of left foot, make ½ turn right, transfer weight onto right foot
4-5-6 Step forward left foot, step forward on ball of right foot making ½ turn left

STEP FORWARD, KICK AND SWEEP LEFT, CROSS BACK HOLD

- 1-2 Step forward right, kick left foot forward with sweeping movement (take both arms forward palms down)
3-4-5-6 Cross left foot over right foot (bringing arms down, palms up) step diagonally back on right foot, drag left back to meet right foot, weight remains on right foot

REPEAT
