

拍數: 64 牆數: 4 級數: Intermediate

編舞者: Linda Dube (CAN)

音樂: Siamsa - Ronan Hardiman



STOMP, HOLD, STOMP, HOLD, FORWARD AND BACK COASTER STEPS

1-2-3-4	Stomp right foot forward, hold, stomp left foot forward, hold
5&6	Step right foot forward, step left foot together, step right foot back
7&8	Step left foot back, step right foot together, step left foot forward

9-16 Repeat steps 1-8- stomp, hold, stomp, hold, forward and back coaster steps

STOMP, HOLD, CROSS, HOLD, BALL CROSSES, SCUFF, STEP, TOUCH

17-20 Stomp right foot to right side, hold, cross left over right, hold

&21&22 Small step side right on ball of right foot, cross left over right, small step side right on ball

right foot cross left over right

23&24 Scuff right foot forward, step down on right foot, touch left foot beside right.(weight on right)

STOMP, HOLD, CROSS, HOLD, BALL CROSSES, SCUFF, STEP, TOUCH

25-28 Stomp left foot to left side, hold, cross right over left, hold

&29&30 Small step side left on the ball of left foot, cross right over left, small step side left on ball left

foot, cross right over left

31&32 Scuff left foot forward, step down on left foot, touch right foot beside left.(weight on left)

STOMP, DIAGONAL KICK, SAILOR SHUFFLE

33-34	Stomp right foot slightly forward, kick right foot diagonally right
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35&36 Cross right behind left, step side left with left foot, step right foot beside left

37-38 Stomp left foot slightly forward, kick left foot diagonally left

39&40 Cross left behind right, step side right with right foot, step left foot beside right

ROCK STEP- 1/2 TURN, SHUFFLE- HEEL TAPS AND HEEL SWITCHES

41-42 Rock forward on right foot, rock back on left foot 43&44 ½ turn to the right with a shuffle right-left-right 45& Tap left heel forward, step left foot home 46& Tap right heel forward, step right foot home

47-48 Tap left heel forward, twice

Option - heel taps could be performed by crossing heels slightly in front of standing foot instead of directly forward.

STOMP, DIAGONAL KICK, SAILOR SHUFFLE

49-50	Stomp left foot slight	ly forward, kick left foot diagonally left
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51&52 Cross left behind right, step side right with right foot, step left foot beside right

53-54 Stomp right foot slightly forward, kick right foot diagonally right

55&56 Cross right behind left, step side left with left foot, step right foot beside left

ROCK, STEP-1/4 TURN, SHUFFLE- HEEL TAPS AND HEEL SWITCHES

57-58 Rock forward on left foot, rock back on right foot

59&60 ½ turn left with a shuffle left-right-left

Tap right heel forward, step right foot home
Tap left heel forward, step left foot home

63-64 Tap right heel, forward, twice

Option - heel taps could be performed by crossing heels slightly in front of standing foot instead of directly forward.

REPEAT

What makes "Siamsa" a wonderful and fun piece of music is the tempo changes.(mood swings?). The dance progresses very well through these ups and downs until the 7th time the dance is repeated .In order to accommodate a much slower tempo change at counts 49-56 and a slight phrasing change to finish the dance, do the following:

TEMPO CHANGE

49-56 (Cue drumbeats) facing front wall- adjust speed to the tempo

PHRASING CHANGE

Cross right behind left, step side left with left foot, touch right beside left.

Eliminate the last 8 beats of the dance and start the dance again. The tempo will be a little slower at first but will accelerate rapidly. Dance will end exactly on the 64th beat.