

Si Ya Samba

拍數: 32 牆數: 4 級數: Improver
編舞者: Max Perry (USA)
音樂: Si Ya Se Acabó - Jennifer Lopez



TRAVELING STEP BALL CHANGES (2ND POSITION BREAKS)

1&2 Step left forward, step right to right side with ball of foot, step left in place
3&4 Step right forward, step left to left side with ball of foot, step right in place
5&6 Step left back, rock right to right side, step left in place
7&8 Step right back, rock left to left side, step right in place

LEFT & RIGHT PADDLE TURNS

1&2& Step left to left side toe turned out, step right side & slightly back (diagonal) with ball only, lift left foot and set back down in place turning left toes out again continuing to turn, step right side & slightly back (diagonally) with ball of foot only
3&4 Repeat 1&2 turning a total of 1 or 2 full turns over counts 1-4 ending with feet apart and weight on left foot
5&6& Shift weight onto right foot while starting to turn right, step left side & slightly back (diagonally) with ball of foot only continue to turn, lift right foot and set back down in place turning right toes out again continuing to turn right, step left side & slightly back (diagonally) with ball of foot only continuing to turn right
7&8 Repeat until you have made at least 1 revolution right

STEP, KICK, STEP, BALL CHANGE, STEP, KICK, STEP, BALL CHANGE

1-2 Step left forward, kick right forward
3&4 Step right back, rock back with ball of left, step right in place
5-6 Step left forward, kick right forward
7&8 Step right back, rock back with ball of left, step right in place

STEP FORWARD, ¼ TURN LEFT, ROCK SIDE, RECOVER, WEAVE, SAILOR SHUFFLE, CROSS UNWIND

1&2 Step left forward & turn ¼ left, rock right to right side, step left in place (recover)
3-4 Cross right over left, step left to left side
5&6 Cross right behind left, step left to left side, step right in place
7-8 Cross left behind right & unwind turning 360 left to end up with weight on right foot

REPEAT