

Shut Up!

拍數: 48 牆數: 4 級數: Intermediate/Advanced
編舞者: Chris Godden (UK)
音樂: Shut Up - Black Eyed Peas



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- 1 Cross left behind right
2-3-4 Unwind slowly ½ left
5-6 Right to right side, touch left behind right
7-8 Hitch left to left side (raise both arms to side with palms facing down)
- 1-2-3-4 Ronde right from back to front
5&6 Kick right, step forward right, touch left behind right
7-8 Bend knees and roll right shoulder back, point left to left
- 1-2 Hitch left across right, step left across right
3&4 Right to right side (bump hips right-left-right)
5-6-7&8 Repeat
- 1&2 Pivot ¾ right on ball of right, step left to left, touch right to right
3-4 Bump hip to right, touch right to left (slap right hip)
5-6& Step right forward, lock left behind right, step forward right
7-8 Step left forward, pivot ½ right leaving weight on left with right heel raised
- 1&2& Kick right forward, step right forward, lock left behind right, step right forward
3&4& Kick left forward, step left forward, lock right behind left, step left forward
5-6& Step forward right, lock left behind right, step forward right
7-8 Rock forward on left, replace weight on right
- 1-2 Touch left back, ½ turn onto left
3-4 Step forward right, ½ turn left
5-6 Walk right left
7&8 Rock right behind (5th) left, replace weight on left, step right to right side

REPEAT

Start dance with left crossed behind right and start turning (counts 2-3-4 on first lyrics "shut up just shut up")
