

Shut Up And Drive (P)

COPPER KNOB
BY STEPHEN BRETZ

拍數: 40
編舞者: Linda Blanchard & Adrien Ploudre
音樂: Shut Up and Drive - Chely Wright

級數: Improver partner dance



Position: Face to Face Hands at shoulder level. Man left palm in lady's right palm, Man's right palm in lady's left palm

CROSS ROCK, STEP, HOLD, CROSS ROCK, STEP, HOLD

- 1-4 **MAN:** Cross rock left in front of right foot, bring weight back on right foot, step left next to right foot, hold
 LADY: Cross rock right behind left foot, bring weight back on left foot, step right next to left foot, hold
- 5-8 **MAN:** Cross rock right in front of left foot, bring weight back on left foot, step right next to left foot, hold
 LADY: Cross rock left behind right foot, bring weight back on right foot, step left next to right foot, hold

ROCK STEP ¼ TURN, STEP, HOLD, STEP, SLIDE, STEP, HOLD

- 1-4 **MAN:** Rock back on left ¼ turn left, bring weight back on right foot, step forward on left, hold(now in right open promenade)
 LADY: Rock back on right ¼ turn right, bring weight back on left foot, step forward on right, hold
- 5-8 **MAN:** Step forward on right, slide left next to right foot, step forward on right, hold
 LADY: Step forward on left, slide right next to left foot, step forward on left, hold

ROCK STEP, STEP, HOLD, STEP, LOCK, STEP, HOLD

- 1-4 **MAN:** Rock forward on left, bring weight back on right foot, step back on left, hold
 LADY: Rock forward on right, bring weight back on left foot, step back on right, hold
- 5-8 **MAN:** Step back on right, lock left in front of right foot, step back on right, hold
 LADY: Step back on left, lock right in front of left foot, step back on left, hold

ROCK STEP, STEP, HOLD, STEP, STEP ¼ TURN, STEP ½ TURN, HOLD

- 1-4 **MAN:** Rock back on left, bring weight back on right foot, step forward on left, hold (drop hands)
 LADY: Rock back on right, bring weight back on left foot, step forward on right, hold
- 5-8 **MAN:** Step forward on right, step left ¼ turn left, step right ½ turn left, hold (now face to face)
 LADY: Step forward on left, step right ¼ turn right, step left ½ turn right, hold

ROCK STEP, STEP, HOLD, STEP, STEP ¼ TURN, STEP ¼ TURN, HOLD

Pick up lady's right hand in man's left

- 1-4 **MAN:** Rock back on left, bring weight back on right foot, step forward left, hold
 LADY: Rock back on right, bring weight back on left foot, step forward on right, hold

On the 5th count man passes under lady's right arm to change side and begin the dance facing the second wall

- 5-8 **MAN:** Step forward on right, step left ¼ turn left, step right ¼ turn left, hold
 LADY: Step forward on left, step right ¼ turn right, step left ¼ turn right, hold

REPEAT