

Shut Up And Dance

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: David Thomas (SCO)
音樂: Shut Up and Dance - Aaron Watson



BACK BASIC, FULL TURN FORWARD, WEAVE LEFT, STEP DRAG

1-2-3 Step right back, step left together, step right in place
4-5-6 Triple in place turning a full turn left stepping left, right, left

Easy option: forward twinkle left, right, left

1-2-3 Cross right over left, step left to side, cross right behind left
4-5-6 Big step left side, slide/touch right together for 2 counts

1 & ¼ ROLL RIGHT, FORWARD BASIC, CROSS TWINKLE, WEAVE RIGHT

1-2-3 Vine right turning 1 ¼ right and step right, left, right
4-5-6 Step left forward, step right to left, step left to place
1-2-3 Cross right over left, step left to side, step right to place
4-5-6 Cross left over right, step right to side, cross left behind right

STEP DRAG, 1&¼ ROLL LEFT, PRESS & TOGETHER, BACK BASIC

1-2-3 Big step right to side, slide/touch left together over 2 counts
4-5-6 Vine left turning 1 ¼ left and step left, right, left
1-2-3 Rock right forward, recover on left, step right together
4-5-6 Step left back, step right together, step left together

STEP TURN ¼ CROSS, SIDE BEHIND SIDE, CROSS TWINKLE TURN ½ FORWARD BASIC

1-2-3 Step right forward, turn ¼ left (weight to left), cross right over left
4-5-6 Step left to side, cross right behind left, step left to side
1-2-3 Cross right over left, step left back, turn ½ right and step right to side
4-5-6 Step left forward, step right to left, step left in place

REPEAT

TAG

End of wall 1

CROSS TWINKLE, CROSS TOUCH HOLD TWICE

1-2-3 Cross right over left, step left to side, step right together
4-5-6 Cross left over right, touch left toe to side, hold