

The Shunt

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mary Kelly (UK)
音樂: Devil Woman - The Dean Brothers



SHUNT FORWARD 4 TIMES

- 1 Step forward on left heel
- 2 Slap left toe down and at the same time stomp right foot beside left, keeping arms straight down by sides, click fingers of both hands
- 3-8 Repeat steps 1-2 three times

SIDE STRUTS, ROCK STEPS

- 9-10 Step to right side on right heel, slap right toe down
- 11-12 Rock back on left foot, rock forward on right foot
- 13-14 Step to left side on left heel, slap left toe down
- 15-16 Rock back on right foot, rock forward on left foot

STEP HOLD, STEP HOLD, ROCK TURN

- 17-18 Step forward diagonally on right foot, hold for one beat
- 19-20 Step left foot forward diagonally bringing it level with right foot, hold for 1 beat
- 21 Rock back on right foot making quarter turn right
- 22 Step forward on left foot
- 23-28 Repeat steps 17-22

STEP SLIDE, STEP SLIDE, STEP, SCUFFS

- 29& Step forward diagonally on right foot, slide left instep behind right heel
- 30& Repeat 29 &
- 31-32 Step forward diagonally on right foot, scuff left foot beside right
- 33& Step forward diagonally on left foot, slide right instep behind left heel
- 34& Repeat 33 &
- 35-36 Step forward diagonally on left foot, scuff right foot beside left

SIDE ROCK RIGHT, LEFT, RIGHT, THREE-QUARTER TURN, STEP SLIDE

- 37-38 Rock on right foot to right side, rock on left foot to left side
- 39-40 Rock on right foot to right side, pivot three quarter turn to right on right foot
- 41 Take long step to left on left foot
- 42-43 Slide right foot towards left foot
- 44 Touch right foot beside left

ELVIS KNEE POPS LEFT, RIGHT, LEFT, RIGHT

- 45 Rocking weight onto right foot, bend left knee in front of right knee
- 46 Rocking weight onto left foot, bend right knee in front of left knee
- 47-48 Repeat steps 45-46

JAZZ BOX WITH TOE STRUTS

- 49-50 Step right toe over left foot, slap right heel down
- 51-52 Step back on left toe, slap left heel down
- 53-54 Step right toe to right side, slap right heel down
- 55-56 Touch left toe beside right foot, hold for one beat

LEFT SHUFFLE FORWARD, ROCKS, RIGHT SHUFFLE BACKWARD, ROCKS

57&58 Shuffle forward left, right, left
59-60 Rock forward on right foot, rock back on left foot
61&62 Shuffle backward right, left, right
63-64 Rock back on left foot, rock forward on right foot

REPEAT
