

# Shuggie Bear

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Shuggie McCardle (UK)  
音樂: Ten Feet Tall and Bulletproof - Travis Tritt



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## LEFT & RIGHT SHUFFLE FORWARD, ROCK STEPS, STEP BACK LEFT, ½ TURN LEFT, & TOUCH

1&2      Left shuffle forward, on a left, right left  
3&4      Right shuffle forward, on a right, left, right  
5-6      Rock forward on left, rock back on right  
7-8      Step back on left, unwind ½ turn to the left, & touch

## RIGHT & LEFT CHASSE WITH ROCK STEPS

10&11      Right foot step right, left next to right, right foot steps right  
12-13      Rock back on left, rock forward on right  
14&15      Left foot to left, right next to left, left to left  
16-17      Rock back on right, rock forward on right

## SWAYS WITH ¼ TURN, JAZZ BOX

18-19      Right foot step to the side and sway hips right, sway hips left (rocking down)  
20-21      Sway hips right, sway hips left turning ¼ turn left (rocking up)  
21-22      Right foot cross in front of left, left foot step back  
23-24      Right foot step to the side, left foot touch beside right

## LEFT CHASSE, ROCK BACK & FORWARD, ROCK FORWARD & BACK, ROCK & BACK FORWARD

25&26      Left foot step left side, right next to left, left foot step left side  
27-28      Rock back on right, rock forward on left  
29-30      Rock forward on right, rock back on left  
31-32      Rock back on right, rock forward on left

## HEEL SWITCHES, HIP BUMPS ROTATE OR UP & DOWN

33&34      Right heel tap forward, right foot step beside left and at same time tap, left heel forward  
&35-36      Left foot step beside right and at same time tap right heel forward, clap  
37-38      Hip bumps forward, and back, (going down on these two beats)  
39-40      Hip bumps forward, and back, (going up on these two beats)

## FORWARD, & ½ TURN LEFT BACK SHUFFLES, ROCK STEPS, STEP RIGHT, SCUFF LEFT

41&42      Right forward shuffle on right-left-right  
43&44      ½ turn left back shuffle on left-right-left  
45-46      Rock back on right foot, rock forward on left foot  
47-48      Step right forward, scuff left forward

**REPEAT**

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