

Shufflin' & A Rockin'

COPPER KNOB
STEPPERS

拍數: 56 牆數: 2 級數: Improver
編舞者: James "Jimbo" Krywko (USA)
音樂: Whose Bed Have Your Boots Been Under? - Shania Twain



SHUFFLE ROCKS

- 1&2 Shuffle right forward
3&4 Shuffle left forward
5-8 Rock forward on right, back left, forward right, back left (ooh! Cha! Ooh! Cha!)
- 1&2 Shuffle right back
3&4 Shuffle left back
5-8 Rock back on right, forward left, back right, forward left (ooh! Cha! Ooh! Cha!)

PIVOT-TURNS & RIGHT VINE

- 1-2 Step forward right, ½ turn to left land left
3-4 Step forward right, ½ turn to left land left
5-6 Step right to right, step left behind right
7-8 Step right to right, stomp (clap) left

SYNCOATED VINES

- 1-2 Step left to left, step right behind left
&3-4 Step left back, cross right over left, step left to left (clap)
5-6 Step right to right, step left to left
&7-8 Step right back, cross left over right, step right to right (clap)

TOUCH-SPINS

- 1-2 Touch left to left, step left center
3 Touch right to right, (clap)
4 Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
5-6 Touch left to left, step left center
7 Touch right to right, (clap)
8 Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
- 1-2 Touch left to left, step left center
3 Touch right to right, (clap)
4 Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
5-6 Touch left heel forward, step left in place
7-8 Touch right toe back, scuff right

WALKS

- 1-2 Step forward right (ooh!), Lock left (cha!)
3-4 Right (ooh!), Lock left (cha!)
5-6 Step forward right (ooh!), Left (ooh!)
7-8 Right (ooh!), Left (wooh!) (weight on left)

REPEAT