Shufflin' & A Rockin'



拍數: 56 牆數: 2 級數: Improver

編舞者: James "Jimbo" Krywko (USA)

音樂: Whose Bed Have Your Boots Been Under? - Shania Twain



SHUFFLE ROCKS

1&2	Shuffle right forward
3&4	Shuffle left forward

5-8 Rock forward on right, back left, forward right, back left (ooh! Cha! Ooh! Cha!)

1&2 Shuffle right back3&4 Shuffle left back

5-8 Rock back on right, forward left, back right, forward left (ooh! Cha! Ooh! Cha!)

PIVOT-TURNS & RIGHT VINE

1-2	Step forward right, ½ turn to left land left
3-4	Step forward right, ½ turn to left land left
5-6	Step right to right, step left behind right
7-8	Step right to right, stomp (clap) left

SYNCOPATED VINES

1-2	Sten	left to	left	sten	riaht	behind left

&3-4 Step left back, cross right over left, step left to left (clap)

5-6 Step right to right, step left to left

&7-8 Step right back, cross left over right, step right to right (clap)

TOUCH-SPINS

1-2	Touch left to left, step left center
3	Touch right to right, (clap)
4	Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
5-6	Touch left to left, step left center
7	Touch right to right, (clap)
8	Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
1-2	Touch left to left, step left center
3	Touch right to right, (clap)
4	Step right to center with a ½ turn to right (weight on right-pivot on left) (clap) (clap)
5-6	Touch left heel forward, step left in place
7-8	Touch right toe back, scuff right

WALKS

1-2	Step forward right (ooh!), Lock left (cha!)
3-4	Right (ooh!), Lock left (cha!)
5-6	Step forward right (ooh!), Left (ooh!)
7-8	Right (ooh!), Left (wooh!) (weight on left)

REPEAT