

The Shuffle

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Rick Bates (USA)
音樂: Singin' The Blues - The Kentucky Headhunters



HIP SWAYS, FORWARD SHUFFLES

1-4 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right, left (weight ending on left)
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

HIP SWAYS, FORWARD SHUFFLE

9-12 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right, left (weight ending on left)
13&14 Shuffle forward right, left, right
15&16 Shuffle forward left, right, left

ROCK STEP, SHUFFLE BACK, PIVOT, SHUFFLE FORWARD, STEP TURN

17 Rock step forward on the ball of right foot
18 Rock back onto left foot
19&20 Shuffle back right, left, right
& Pivot ½ turn to the left on ball of right foot
21&22 Shuffle forward left, right, left
23 Step forward on right foot
24 Pivot ½ turn to the left on ball of left foot

STOMP, STOMP, KNEE SLAPS, HAND CLAPS, STEP TURN

25 Stomp forward on right foot
26 Stomp left foot next to right
27-28 Bend forward slightly and slap upper part of right knee with right hand and left knee with left hand twice (slap both knees at the same time)
29-30 Clap hands together twice
31 Step forward on right foot
32 Pivot ¼ turn to the left on ball of left foot

REPEAT
