

Shuffle It

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Debbie Grimshire (CAN)
音樂: Play Something Country - Brooks & Dunn



SHUFFLE FORWARD ROCK STEP, SHUFFLE BACK ROCK STEP

1&2 Step forward on right, step on left beside right, step forward on right
3-4 Step forward on left, recover back on right
5&6 Step back on left, step back on right beside left, step back on left
7-8 Step back on right, recover forward on left

VINE RIGHT, SHUFFLE RIGHT, CROSS ROCK STEP, SHUFFLE LEFT

1-2 Step to right on right foot, cross left behind right
3&4 Step to right with right foot, step on left beside right, step to right with right foot
5-6 Cross left foot across right, recover back on right
7&8 Step to left with left foot, step on right beside left, step to left with left foot

CROSS & POINT FORWARD, CROSS & POINT BACK, 2 CROSS & POINT FORWARD

1-2 Cross right foot across left and step, point left toe to left side
3-4 Cross left foot behind right and step, point right toe to right side
5-6 Cross right foot across left and step, point left toe to left side
7-8 Cross left foot across right and step, point right toe to right side

Add some styling to steps 17-24 by bending knees as you cross and straightening them as you point. Travel forward while dancing last 4 counts

ROCK FORWARD, TURN ¼ RIGHT, SHUFFLE RIGHT

1-2 Step forward on right, recover back on left
3&4 Turn ¼ right as you step to right with right foot, step on left beside right, step to right with right foot
5-8 Cross left foot across right, recover back on right, step to left with left foot, touch right toe beside left

REPEAT
