Showdown Cha (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Dan Albro (USA)

音樂: Wild West Show - Big & Rich



Start dance 40 counts in. (start counting the 40 with the start of the drums.)

BASIC COUNTRY CHA-CHA/ROCK REPLACE CHA-CHA-CHA

1-4 MAN: Rock forward left, replace weight on right cha-cha back left, right, left

LADY: Rock back right, replace weight on left, cha-cha forward right, left, right

5-8 MAN: Rock back right, replace weight on left, cha-cha forward right, left, right

LADY: Rock forward left, replace weight on right cha-cha back left, right, left

ROCK CHA-CHA-CHANGING SIDES

9-12 MAN: Rock forward left, replace weight on right, ¼ turn shuffle side together side (left, right,

left)

LADY: Rock back right, replace weight on left, shuffle forward right, left, right

13-16 MAN: Rock back on right, ¼ turn left stepping left, turn ¼ left and shuffle side together side

(right, left, right)

LADY: Turn ¼ turn forward left, ½ turn stepping back on right, shuffle side (left, right, left)

On count 3&4, man keeps lady facing forward LOD, on counts 5-8, man leads lady across him and towards OLOD, man will end facing OLOD, lady facing ILOD

CROSS, ROCK, SIDE SHUFFLE

17-20 MAN: Cross rock left over right, replace weight on right, shuffle side left, right, left (present

lady's right & your left hand RLOD)

LADY: Cross rock right over left, replace weight on left, shuffle side right, left, right

21-24 MAN: Cross rock right over left, replace weight on left, shuffle side right, left, right (present

lady's left & your right hand LOD)

LADY: Cross rock left over right, replace weight on right, shuffle side left, right, left

TURN LADY, SHUFFLE, CHANGING SIDES, SHUFFLE

25-28 MAN: Turn ¼ right facing RLOD, rock forward left, replace right, turning ¼ left, shuffle side

(left, right, left)

LADY: Turn ½ left step forward right, ½ pivot left, shuffle forward (right, left, right)

29-32 MAN: Rock back on right, ¼ turn left stepping left, shuffle forward (right, left, right)

LADY: Crossing in front of man, turn ¼ turn forward left, ½ turn stepping back on right, ¼ turn

shuffle forward (left, right, left)

For counts 1-2 man takes lady's right hand in his left over her head. For counts 3-4 man keeps his left hand extended forward to lead lady forward

4 SHUFFLES (FORWARD, SIDE, FORWARD, SIDE) TRAVELING FORWARD LOD

33-45 **MAN:** Shuffle forward (left, right, left), ¼ facing partner, shuffle side (right, left, right)

LADY: Shuffle forward (right, left, right,), ¼ facing partner, shuffle side (left, right, left)

36-40 MAN: Shuffle forward (left, right, left), ¼ facing partner, shuffle side (right, left, right)

LADY: Shuffle forward (right, left, right,), ¼ facing partner, shuffle side (left, right, left)

Holding man's left, lady's right hands

CHANGE SIDES, CHA-CHA-CHA, TURN LADY INTO CLOSE, CHA-CHA-CHA

41-44 MAN: Step forward diagonally left behind lady, left, right, shuffle forward LOD, left, right, left

LADY: Step forward diagonally right in front of man right, left, shuffle forward LOD, right, left,

right

45-48 **MAN:** Step forward right, left, shuffle right, left, right

8 LADY: Step forward left, ¼ turn right weight on left, shuffle back (left, right, left)
For counts 1-4 man picks up lady's left into his right hand. For counts 5-8 man picks up lady's right into his left

REPEAT