

Show Me The Meaning

拍數: 48 牆數: 2 級數: Intermediate/Advanced
編舞者: Luke van der Meer (AUS)
音樂: Show Me the Meaning of Being Lonely - Backstreet Boys



- 1& Step right foot left, stepping back onto left foot turn $\frac{1}{4}$ right
2 Step right foot to the right side
3& Cross/step left foot over right, stepping right foot to the right side
4 Cross/step left foot over right (cross shuffle left to the right side left, right, left)
5-6 Step right foot out to the right side, pivoting $\frac{1}{4}$ left on ball of left foot
& Jumping right foot left, hitch left knee up beside right knee turning $\frac{1}{2}$ turn left
7&8 Turning a further $\frac{1}{2}$ left and shuffle left (left-right-left)
- 1-2 Step right foot left, pivoting $\frac{1}{4}$ left on ball of left foot
3& Touch right heel left, stepping right heel together beside left
4 Kick left foot left
&5 Step left foot to the left side, rock right foot back behind left
6& Rock weight left onto left foot, step right foot to the right side
7-8 Rock left foot back behind right, rock weight forward onto right foot
- 1-2 Turn $\frac{1}{4}$ left step left foot left, touch right toe beside left
&3 Step left onto right foot, step left foot left
&4 Turn $\frac{1}{4}$ right step right foot left, step left foot forward
5-6 Step right foot left, step left foot beside right (change weight onto left foot)
&7 Step left onto right foot, step left foot left
&8 Turning $\frac{1}{2}$ right step right foot left, step left foot forward
- 1-2 Rock right foot left, rock weight back onto left foot
3&4 Shuffle left right (stepping right, left, right)
&5 Step forward on left foot, turn $\frac{1}{2}$ right step forward on right foot
6-7 Turning a further $\frac{1}{4}$ right step left foot out to the left side, slide right toe in beside left foot
8 Step down onto right foot (change weight onto right foot)
- 1-2 Step left foot out to the left side, rock weight back onto right foot
3& Step/cross left foot across in front of right, stepping right foot out to the right side
4 Step left foot in place
5& Step/cross right foot across in front of left, stepping left foot out to the left side turn $\frac{1}{4}$ right
6 Step right foot in place
7& Step forward on left foot, stepping right foot forward turn $\frac{1}{2}$ left
8 Step left foot back turning a further $\frac{1}{2}$ left
- 1-2 Step right foot left, pivot $\frac{1}{2}$ left on ball of left foot
&3 Stepping right foot forward turn $\frac{1}{2}$ left, rock back onto left foot
4& Rock weight forward onto right foot, step left foot left and turn $\frac{1}{4}$ right
5 Turning a further $\frac{1}{2}$ right step right foot to the right side
6-7 Cross/step left foot behind right foot, step right foot to the right side turning $\frac{1}{4}$ right
8& Step left foot to the left side, scuff right foot beside left

REPEAT

TAG

Twice the music will cut back into the chorus. You will restart the dance from where you are at the beginning when this occurs on the 2nd wall and 6th wall. Both times when you start the dance again at these changes. You will have just done beats 39&40 of the dance (the 1&2 beat full spin left, miss out on the last 8 beats).
