

Show Me More

拍數: 32 牆數: 4 級數: Beginner rumba
編舞者: Gaye Teather (UK)
音樂: She Showed Me A Little Bit More - Dave Sheriff



SIDE RIGHT, TOGETHER, CROSS, HOLD, SIDE LEFT, TOGETHER, CROSS, HOLD (SCISSOR STEPS)

1-2 Step right to right, step left beside right
3-4 Cross right over left, hold
5-6 Step left to left, step right beside left
7-8 Cross left over right, hold

GRAPEVINE RIGHT, TOUCH, SWAY LEFT, SWAY RIGHT, QUARTER TURN LEFT, HOLD

9-10 Step right to right, cross left behind right
11-12 Step right to right, touch left beside right
13-14 Step left to left (small step) swaying weight onto left, sway onto right
15-16 Make quarter turn left stepping forward on left, hold (facing 9:00)

WALK RIGHT, HOLD, WALK LEFT, HOLD, ROCK, RECOVER, HALF TURN RIGHT, HOLD

17-20 Walk forward on right, hold, walk forward on left, hold
Styling note: during the walks forward step right and left feet slightly across
21-22 Rock forward on right, recover onto left
23-24 Make half turn right stepping forward on right, hold (facing 3:00)

WALK LEFT, HOLD, WALK RIGHT, HOLD, SWAY LEFT, RIGHT, LEFT, HOLD

25-28 Walk forward on left, hold, walk forward on right, hold
Styling note: during the walks forward step left and right feet slightly across
29-30 Step left to left (small step) swaying weight onto left, sway onto right
31-32 Sway onto left, hold

REPEAT
