

Shout

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rachael McEnaney (USA)
音樂: Shout - Lulu & The Luvvers



RIGHT STOMP, KICK WITH ¼, ROCK BACK LEFT, ½ PIVOT, LEFT SHUFFLE FORWARD

1-2 Stomp right foot forward, make ¼ turn to left kicking left foot forward
3-4 Rock back on left foot, recover weight onto right foot
5-6 Step left foot forward, pivot ½ turn right
7&8 Step left foot forward, step right next to left, step left foot forward

ROCK FORWARD RIGHT, ¼ TURN RIGHT CHASSE, WEAVE

1-2 Rock forward on right, recover weight onto left
3&4 Make ¼ turn right on ball of left stepping right to right side, step left next to right, step right to right side
5-6 Cross left over right, step right to right side
7-8 Cross left behind right, step right to right side

CROSS TAPS, ¼ TURN WITH 2 STEPS, STEP TAP, ½ TURN WITH 2 STEPS

1-2 Cross left over right towards right diagonal, tap right toe behind left
3-4 Step back on right, make ¼ turn left stepping forward left
5-6 Step forward on right, touch left toe behind right
7-8 Step back on left, make ½ turn right stepping forward on right

STEP ½ PIVOT, LEFT SHUFFLE, 4 SKATES FORWARD

1-2 Step forward on left, pivot ½ turn right
3&4 Step forward on left, step right next to left, step forward on left
5-6 Skate forward on right, skate forward on left
7-8 Skate forward on right, skate forward on left

2 TOE TOUCHES, STEP BACK, ½ TURN, 2 WALKS

1-2 Touch right toe forward, step right foot in place
3-4 Touch left toe forward, step left foot in place
5-6 Step back on right, make ½ turn left stepping forward on left
7-8 Step forward on right, step forward on left

2 TOE TOUCHES, STEP BACK, ¼ TURN, 2 WALKS

1-2 Touch right toe forward, step right foot in place
3-4 Touch left toe forward, step left foot in place
5-6 Step back on right, make ¼ turn left stepping forward on left
7-8 Step forward on right, step forward on left

ROCKING CHAIR FORWARD AND BACK, TWO ½ PIVOT TURNS

1-2 Rock forward on right, recover weight onto left
3-4 Rock back on right, recover weight onto left
5-6 Step forward on right, pivot ½ turn left
7-8 Step forward on right, pivot ½ turn left

ROCK FORWARD ON RIGHT, TWO ½ TURNS, OUT OUT STEPS WITH CLAPS

1-2 Rock forward on right, recover weight onto left
3-4 Make ½ turn right stepping forward on right, make ½ turn right stepping back on left (this turn travels towards 12:00)

- &5 Step back right and slightly to right side, step back left and slightly to left side
- 6 Clap hands
- &7 Step back right and slightly to right side, step back left and slightly to left side
- 8 Clap hands

Advanced option for counts 5-8

- &5 Step back right and slightly to right side, step back left and slightly to left side
- &6 Step right foot in towards left, step left next to right
- &7 Step back right and slightly to right side, step back left and slightly to left side
- &8 Step right foot in towards left, step left next to right

REPEAT
