

Shout

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS)
音樂: Shout It To The World - Lionel Richie



CROSS SAMBA, CROSS SIDE TOUCH, CROSS SAMBA, CROSS SIDE TOUCH

- 1&2-3-4 Traveling forward - cross left over right, rock right to right, rock weight on left, cross right over left, touch left toe to left side
5&6-7-8 Traveling forward - cross left over right, rock right to right, rock weight on left, cross right over left, touch left toe to left side

ROCK FORWARD, ROCK BACK, ½ SHUFFLE, STEP HALF PIVOT, SHUFFLE FORWARD

- 1-2-3&4 Rock forward on left, rock back on right, turning ½ turn left shuffle forward left-right-left
5-6-7&8 Step forward right, pivot ½ turn left, shuffle forward on right stepping right-left-right

FORWARD COASTER, ½ TURN, STEP FORWARD, FORWARD COASTER, STEP BACK, ¼ RIGHT

- 1&2-3-4 Step forward on left, step right beside left, step back on left, turn ½ turn right stepping forward on right, step forward left
5&6-7-8 Step forward right, step left beside right, step back on right, step back on left turning ¼ turn right step right to right

CROSS SHUFFLE, SIDE ROCK/REPLACE, BEHIND, SIDE, CROSS, ¼ RIGHT, ¼ RIGHT

- 1&2-3-4 Cross shuffle left over right stepping left-right-left, step/rock right to right rock weight center on left
5&6-7-8 Traveling left- cross right behind left, step left to left, cross right over left, step back on left turning ¼ turn right, turning a further ¼ turn right, step right to right

CROSS ROCK, REPLACE, SIDE SHUFFLE, CROSS ROCK, REPLACE, ¾ TRIPLE RIGHT

- 1-2-3&4 Cross rock left over right, rock weight back on right, side shuffle left stepping left-right-left
5-6-7&8 Cross rock right over left, rock weight back on left, turning ¾ turn right triple step right-left-right

ROCK FORWARD, ROCK BACK, ½ SHUFFLE, ROCK FORWARD/BACK, ½ TURN, FULL TURN

- 1-2-3&4 Rock forward left, rock back on right, turning ½ turn left shuffle forward left-right-left
5-6-7-8 Rock forward right, rock back on left, turning ½ turn right step forward right turning full turn right step forward on left

STEP, LOCK, SHUFFLE FORWARD, STEP ½ SWING, SAILOR

- 1-2-3&4 Step forward right, lock left, shuffle forward on right stepping right-left-right
5-6 Step forward left, swing right foot around turning ½ turn right keeping weight on left
7&8 Cross right behind left, rock left to left, rock weight center on right

CROSS SAMBA, CROSS SAMBA, LEFT SAILOR BACK, RIGHT COASTER

- 1&2-3&4 Travel forward-cross left over right, rock right to right, rock weight on left cross right over left, rock left to left, rock weight on right
5&6-7&8 Travel back- cross left behind right, rock right to right, rock weight to left, step back on right, step left beside right, step forward on right

REPEAT

TAG

Once you have completed 5 full walls of the dance there is a four count, hold. During this you need to "shout" out the numbers 1,2,3,4, then restart the dance as normal

