Should I Do It?

級數: Intermediate

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音樂: Should I Do It - The Pointer Sisters

STEP RIGHT, ½ TURN LEFT, KICK & STEP, SHUFFLE RIGHT, ½ SWEEP RIGHT

- 1-2 Step right, pivot ½ turn left
- 3&4 Kick right, step down right, left
- 5&6 Shuffle forward right, left, right
- 7-8 Sweep left foot ½ turn right, step left next to right

"SILLY TWIST", SHOULDER BACK SHOOPS WITH HITCHES

- 1-2 Bend knees and twist heels right, twist heels left
- 3-4 Bend knees and twist heels right, twist heels center

Hand movements for above: extend hands out from right to left with heels

- 5 Step right behind left and position left shoulder to face forward
- 6 Hitch left foot to the right of right knee and shrug right shoulder up
- 7 Touch left foot down and center shoulders
- 8 Hitch left foot to the right of right knee and shrug right shoulder up

SHUFFLE LEFT, SHUFFLE RIGHT, ROCK LEFT, TURN LEFT AND SLIDE

- 1&2 Continuing positioning, shuffle forward left, right, left & extend left hand
- 3&4 Positioning right shoulder forward, shuffle forward right, left, right & extend right hand
- 5-6 End shoulder positioning and rock left forward and recover to right
- 7 Turn ¼ left and take a large step left
- 8 Slide right next to left (weight should remain on left)

CROSS STEP RIGHT, CROSS STEP LEFT, 2 ½ TURNS LEFT

- 1-2 Scuff & cross right foot over left and snap right finger (right hand should be down and moving forward)
- 3-4 Scuff & cross left foot over right and snap left finger (left hand should be down and moving forward)
- 5-6 Step right forward, pivot ¹/₂ left and raise both hands over head with a finger snap
- 7 Touch back on left
- 8 Step down on left with a ½ pivot left (continuing move towards same wall) and raise both hands doing a finger snap

REPEAT





拍數: 32

牆數:4