

Should I

拍數: 0 牆數: 4 級數: Improver
編舞者: Helena Jeppsson (SWE)
音樂: Should I - Rihanna



Sequence: AB AAB A Tag ABA

PART A

ROCK STEP, BACK, ¼ TURN RIGHT, BEHIND, SIDE, CROSS, ROCK STEP, ½ TURN RIGHT, SIDE, CROSS, SIDE

- 1& Rock forward on right foot (12:00), recover back onto left foot
- 2 Step back on right foot (6:00)
- 3 Turning a ¼ turn to right (3:00) cross left foot behind right
- &4 Step right foot to left side (6:00) cross left foot in front of right
- 5-6 Rock right foot to right side, recover weight back onto left
- 7 Turn a ½ turn to right, stepping right to right side (12:00)
- 8& Cross left foot on front of right, step right foot to right side (12:00)

CROSS ROCK, SIDE, BODY ROLL, TOE SWITCHES, FLICK TURN RIGHT, WALK

- 1& Cross rock left foot over right, recover back onto right
- 2 Step left foot to left side (6:00)
- 3 Make a body roll to left, weight on left foot
- 4& Step right foot next to left, touch left toe to left side (6:00)
- 5& Step left foot next to right, touch right toe to right side (12:00)
- 6 Flick right foot back as turning a ½ turn to right (3:00)
- 7-8 Step forward on right foot, step forward on left foot (3:00)

SIDE, BEHIND, SIDE, CROSS ROCK, SIDE, BODY ROLL, CHEST PUMP

- 1-2 Step right foot to right side, step left foot behind right (6:00)
- &3 Step right foot to right side, cross rock left foot over right
- &4 Recover back onto right foot, step left foot to left side
- 5-6 Body roll left (12:00)
- 7-8 Pump chest twice

BEHIND, SIDE, HEEL, HOLD, TOGETHER, BACK, HEEL, TOGETHER, SLIDE, TOGETHER

- 1&2 Step right foot behind left, step left foot to left side (12:00), touch right heel forward (3:00)
- 3 Hold
- &4 Step right foot to center, touch left toe next to right
- &5 Step back on left foot, touch right heel forward (12:00)
- &6 Step right foot to center, step left foot next to right
- 7-8 Take a long step with right to right side, step left foot next to right (6:00, facing 3:00)

PART B

HITCH, KNEE SPLIT TWICE, KICK, OUT, OUT, KNEE, HITCH, TOUCH

- 1& Hitch right knee, step right foot beside left (12:00)
- 2& Split knees, put knees together
- 3&4& Repeat count 1&2&, but with left
- 5 Kick right foot forward (12:00)
- &6 Step right foot to right side (3:00), step left foot to left side (9:00)
- 7& Turn right knee in, hitch right knee
- 8 Touch right toe next to left

STEP BACK, BRUSH SHOULDER TWICE, OUT, OUT, ARM RIPPLE RIGHT TO LEFT

- 1 Step back on right foot, angle body at 1:30
- &2 Brush left shoulder with right hand
- 3 Step back on left foot with angle at 10:30
- &4 Brush right shoulder with left hand
- &5 Step right foot to right side (3:00), step left foot to left side (9:00)
- 6-7-8 Right arm out to right side in shoulder height, start ripple from right fingers, to right shoulder over the back to left shoulder, and from left shoulder to left fingers

TAG

Repeat count 1-8 in section 2, Part B
