

Shotgun

拍數: 32 牆數: 2 級數: Improver
編舞者: Carolyn Robinson (USA)
音樂: Shotgun - Jr. Walker & The All Stars



STEP TOUCH X4

- 1-2 Step left foot forward to left diagonal, touch right beside left
- 3-4 Step right back to right diagonal, touch left beside right
- 5-6 Step left foot back to left diagonal, touch right beside left
- 7-8 Step right foot forward to right diagonal, touch left beside right

Optional: clap hands on the 'touches'

VINE LEFT WITH ¼ TURN LEFT

- 1-2 Step left to left, step right behind left
- 3-4 Turning ¼ turn left, step forward on left, touch right beside left

KICK-BALL-CHANGE TWICE

- 5&6 Kick right foot forward, quick step down on right, step on left
- 7&8 Kick right foot forward, quick step down on right, step on left

STEP-LOCK-STEP-SCUFF, TOE-HEEL STRUTS BACK TWICE

- 1-2 Step forward on right, lock left foot behind right
- 3-4 Step forward on right, scuff left foot
- 5-6 Touch left toe back, slap left heel down
- 7-8 Touch right toe back, slap right heel down

JERK LEFT

- 1-2 Turning body slightly to left diagonal, raise left arm up to forehead (1) and jerk down (2)

JERK RIGHT

- 3-4 Turning body slightly to right diagonal, raise right arm up to forehead (3) and jerk down (4)

When doing the jerks

- 1-2 Left forearm is parallel with floor. Hand is in a fist pointing right, elbow is pointing to left
- 3-4 Right forearm is parallel with floor with right fist pointing to left and elbow pointing to right

This movement is from the dance of the 60's The Jerk!

HIP ROLLS TWICE INTO ¼ TURN

- 5-6 Moving to the left roll hips turn to the lefting body 1/8 turn left with weight ending on right
- 7-8 Continue moving hips into another 1/8 turn left completing the ¼ turn and weight ending on right

REPEAT

TAG

You can start the dance right after the shot gun fires and the saxophone (rather than standing for 36 counts), but there are an additional 4 counts before the vocals kick in.

- 1&2 Bump hips to the left left-right-left
- 3&4 Bump hips to the right right-left-right

Or start the dance at the vocals which is 36 counts into the song