

Shortenin' Bread

COPPER KNOB
STEPPED

拍數: 32 牆數: 2 級數: Beginner
編舞者: Judy McDonald (CAN)
音樂: Shortenin' Bread - The Tractors



Try substituting snakes, body rolls or ripples for the "step touches". Start the dance after you hear "1-2-1234". The music picks up at this point. If you miss it, start with the lyrics.

RIGHT VINE WITH TOUCH

1-4 Step right to side, step left behind right, step right to side, touch left beside right

LEFT STEP, RIGHT TOUCH, RIGHT STEP, LEFT TOUCH

5-6 Step left in place, touch right in place or slightly forward,

7-8 Step right beside left, touch left in place or slightly forward

Try snakes, body rolls or ripples instead!

LEFT SHUFFLE FORWARD, RIGHT STEP, PIVOT ½ TURN LEFT, STEP

1&2 Step left forward, step right beside left, step left forward

3-4 Step right forward, pivot ½ turn and step left in place

RIGHT SHUFFLE FORWARD, LEFT STEP, PIVOT ¼ TURN RIGHT, STEP

5&6 Step right forward, step left beside right, step right forward

7-8 Step left forward, pivot ¼ turn and step right in place

LEFT STEP, RIGHT TOUCH, RIGHT STEP, LEFT TOUCH

1-2 Step left in place, touch right in place or slightly forward,

3-4 Step right beside left, touch left in place or slightly forward

Try snakes, body rolls or ripples instead!

LEFT ROCK FORWARD, RIGHT STEP, LEFT ROCK BACK, RIGHT STEP

5-8 Step left forward, step right in place, step left back, step right in place

LEFT SHUFFLE FORWARD, RIGHT STEP, PIVOT ½ TURN LEFT STEP

1&2 Step left forward, step right beside left, step left forward

3-4 Step right forward, pivot ½ turn and step left in place

RIGHT SHUFFLE FORWARD, LEFT STEP, PIVOT ¼ TURN RIGHT TOUCH

5&6 Step right forward, step left beside right, step right forward

7-8 Step left forward, pivot ¼ turn and touch right beside left)

REPEAT
