

# Shortenin' Bread

**COPPER KNOB**  
STEPPED

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Judy McDonald (CAN)  
音樂: Shortenin' Bread - The Tractors



Try substituting snakes, body rolls or ripples for the "step touches". Start the dance after you hear "1-2-1234". The music picks up at this point. If you miss it, start with the lyrics.

## RIGHT VINE WITH TOUCH

1-4              Step right to side, step left behind right, step right to side, touch left beside right

## LEFT STEP, RIGHT TOUCH, RIGHT STEP, LEFT TOUCH

5-6              Step left in place, touch right in place or slightly forward,

7-8              Step right beside left, touch left in place or slightly forward

**Try snakes, body rolls or ripples instead!**

## LEFT SHUFFLE FORWARD, RIGHT STEP, PIVOT ½ TURN LEFT, STEP

1&2              Step left forward, step right beside left, step left forward

3-4              Step right forward, pivot ½ turn and step left in place

## RIGHT SHUFFLE FORWARD, LEFT STEP, PIVOT ¼ TURN RIGHT, STEP

5&6              Step right forward, step left beside right, step right forward

7-8              Step left forward, pivot ¼ turn and step right in place

## LEFT STEP, RIGHT TOUCH, RIGHT STEP, LEFT TOUCH

1-2              Step left in place, touch right in place or slightly forward,

3-4              Step right beside left, touch left in place or slightly forward

**Try snakes, body rolls or ripples instead!**

## LEFT ROCK FORWARD, RIGHT STEP, LEFT ROCK BACK, RIGHT STEP

5-8              Step left forward, step right in place, step left back, step right in place

## LEFT SHUFFLE FORWARD, RIGHT STEP, PIVOT ½ TURN LEFT STEP

1&2              Step left forward, step right beside left, step left forward

3-4              Step right forward, pivot ½ turn and step left in place

## RIGHT SHUFFLE FORWARD, LEFT STEP, PIVOT ¼ TURN RIGHT TOUCH

5&6              Step right forward, step left beside right, step right forward

7-8              Step left forward, pivot ¼ turn and touch right beside left)

**REPEAT**

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